|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | 1 | 2 | 3 | 4 |
|  | B: Waffles, Pineapple Tidbits, Milk**L: Spaghetti w/ Marinara Sauce, Squash, White Beans, Fruit Cocktail, Milk** S: Cheez It Crackers\*, Bananas | B: Cinnamon Raisin Bread, Diced Peaches, Milk**L: Chicken Nuggets, Mixed Veggies, Wild Rice\*, Apple Slices, Milk** **Alt. – Black Beans** S: Granola\*, Fruit Yogurt  | B: Cheese Grits, Diced Pears, Milk **L: Seasoned Red Beans, White Rice, Steamed Carrots, Pineapple Tidbits, Milk**S: WG Wheat Thins\*, Mixed Fruit | B: Kix Cereal, Diced Peaches, Milk**L: Pancake, Pork Sausage, Potato Wedges, Orange Slices, Milk****Meat Alt. – Yogurt**S: WG Graham Crackers\*, Applesauce |
| 7 | 8 | 9 | 10 | 11 |
| B: Cheerios Cereal\*, Diced Peaches, Milk**L: Latin Black Beans, White Rice, Steamed Corn, Applesauce, Milk** S: Whole Wheat Ritz Crackers, Fruit Cocktail | B: Oatmeal\*, Diced Pears, Milk**L: Cheese Pizza, Green Beans, Pineapple Tidbits, Milk****Alt. – Turkey Rollup**S: Goldfish Crackers, Bananas | B: Cinnamon Raisin Bread, Strawberries, Milk**L: Turkey & Provolone Sandwich, Baby Carrots, Orange Slices****Meat Alt. Yogurt**S: WG Wheat Thins\*, Mixed Fruit | B: Assorted Muffins\*, Applesauce, Milk**L: Oven Fried Chicken, Sweet Potatoes, Dinner Roll, Diced Pears****Alt. – Black Beans**S: Cheez It Crackers, Pineapple Tidbits | B: Vanilla Yogurt, Fruit Cocktail, Milk**L: Macaroni and Cheese, Green Peas, Apple Slices, Milk****Dairy Alt. – Turkey Sandwich**S: WG Graham Crackers\*, Diced Peaches  |
| 14 | 15 | 16 | 17 | 18 |
| B: Cheerios Cereal\*, Mixed Fruit, Milk**L: Beef Pot Roast, Yellow Rice, Green Beans, Diced Pineapple** **Meat Alt- Yogurt**S: Goldfish crackers, Diced Pears | B: Waffles, Pineapple Tidbits, Milk**L: Spaghetti w/ Marinara Sauce, Squash, White Beans, Fruit Cocktail, Milk** S: Cheez It Crackers\*, Bananas | B: Cinnamon Raisin Bread, Diced Peaches, Milk**L: Chicken Nuggets, Mixed Veggies, Wild Rice\*, Apple Slices, Milk** **Alt. – Black Beans** S: Granola\*, Fruit Yogurt  | B: Cheese Grits, Diced Pears, Milk **L: Seasoned Red Beans, White Rice, Steamed Carrots, Pineapple Tidbits, Milk**S: WG Wheat Thins\*, Mixed Fruit | B: Kix Cereal, Diced Peaches, Milk**L: Pancake, Pork Sausage, Potato Wedges, Orange Slices, Milk****Meat Alt. – Yogurt**S: WG Graham Crackers\*, Applesauce |
| 21 | 22 | 23 | 24 | 25 |
| B: Cheerios Cereal\*, Diced Peaches, Milk**L: Latin Black Beans, White Rice, Steamed Corn, Applesauce, Milk** S: Whole Wheat Ritz Crackers, Fruit Cocktail | B: Oatmeal\*, Diced Pears, Milk**L: Cheese Pizza, Green Beans, Pineapple Tidbits, Milk****Alt. – Turkey Rollup**S: Goldfish Crackers, Bananas | B: Cinnamon Raisin Bread, Strawberries, Milk**L: Turkey & Provolone Sandwich, Baby Carrots, Orange Slices****Dairy Alt. – Turkey Sandwich**S: WG Wheat Thins\*, Mixed Fruit | B: Assorted Muffins\*, Applesauce, Milk**L: Oven Fried Chicken, Sweet Potatoes, Dinner Roll, Diced Pears****Alt. – Black Beans**S: Cheez It Crackers, Pineapple Tidbits | B: Vanilla Yogurt, Fruit Cocktail, Milk**L: Macaroni and Cheese, Green Peas, Apple Slices, Milk****Dairy Alt. – Turkey Sandwich**S: WG Graham Crackers\*, Diced Peaches  |
| 28 | 29 | 30 | 31 |  |
| B: Cheerios Cereal\*, Mixed Fruit, Milk**L: Beef Pot Roast, Yellow Rice, Green Beans, Diced Pineapple** **Meat Alt- Yogurt**S: Goldfish crackers, Diced Pears | B: Waffles, Pineapple Tidbits, Milk**L: Spaghetti w/ Marinara Sauce, Squash, White Beans, Fruit Cocktail, Milk** S: Cheez It Crackers\*, Bananas | B: Cinnamon Raisin Bread, Diced Peaches, Milk**L: Chicken Nuggets, Mixed Veggies, Wild Rice\*, Apple Slices, Milk** **Alt. – Black Beans** S: Granola\*, Fruit Yogurt  | B: Cheese Grits, Diced Pears, Milk **L: Seasoned Red Beans, White Rice, Steamed Carrots, Pineapple Tidbits, Milk**S: WG Wheat Thins\*, Mixed Fruit |  |

October 2019 Newell Drive Menu