|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Child meal pattern food components:** | **MONDAY**  **8/12** | **TUESDAY**  **8/13** | **WEDNESDAY**  **8/14** | **THURSDAY**  **8/15** | **FRIDAY**  **8/16** |
| **BREAKFAST** | **1-2yrs. Milk**  **2-5 yrs. Milk** | Unflavored Whole Milk  Unflavored 1% Milk | Unflavored Whole Milk  Unflavored 1% Milk | Unflavored Whole Milk  Unflavored 1% Milk | Unflavored Whole Milk  Unflavored 1% Milk | Unflavored Whole Milk  Unflavored 1% Milk |
| **Meat/Meat Alternate** |  |  |  |  |  |
| **Vegetable/Fruit/Juice** | Raisins | Banana | Sliced Pineapple | Applesauce | Raisins |
| **Grains/Breads** | \*Rice Chex | Bagels | Waffles | Blueberry Muffins | \*Cheerios |
| **Extras:** |  | Cream Cheese |  |  |  |
| **LUNCH** | **1-2yrs. Milk**  **2-5 yrs. Milk** | Unflavored Whole Milk  Unflavored 1% Milk | Unflavored Whole Milk  Unflavored 1% Milk | Unflavored Whole Milk  Unflavored 1% Milk | Unflavored Whole Milk  Unflavored 1% Milk | Unflavored Whole Milk  Unflavored 1% Milk |
| **Meat/Meat Alternate** | Latin Black Beans | Cheese Pizza | Scrambled Eggs turkey and cheese  Alt: Yogurt | Oven Fried Chicken  Alt: Black Beans | Mac & Cheese |
| **Vegetable or Fruit** | Roasted Zucchini | Green Beans | Breakfast Potatoes | Sweet Potatoes | Green Peas |
| **Vegetable or Fruit** | Sliced Pears | Sliced Pineapple | Fruit Cocktail | Sliced Peaches | Fruit Cocktail |
| **Grains/Breads** | White Rice |  | Grits | Dinner Roll |  |
| **Extras:** |  |  |  |  |  |
| **SNACK  (select 2)** | **1-2yrs. Milk**  **2-5 yrs. Milk** |  |  |  |  |  |
| **Meat/Meat Alternate** | Sun Butter |  |  | Vanilla Yogurt | Hummus |
| **Vegetable/Fruit/Juice** |  | Mandarin Oranges | Watermelon |  |  |
| **Grains/Bread** | \*Ritz Wheat Crackers | \* Gold Fish Grahams | \*Gold Fish Crackers | \*Granola | \*Wheat Crackers |
| **Extras:** |  |  |  |  |  |

\* Item Contain 100% Whole Grain