|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Child meal pattern food components:** | **MONDAY****8/12** | **TUESDAY****8/13** | **WEDNESDAY****8/14** | **THURSDAY****8/15** | **FRIDAY****8/16** |
| **BREAKFAST** | **1-2yrs. Milk****2-5 yrs. Milk** | Unflavored Whole MilkUnflavored 1% Milk | Unflavored Whole MilkUnflavored 1% Milk | Unflavored Whole MilkUnflavored 1% Milk | Unflavored Whole MilkUnflavored 1% Milk | Unflavored Whole MilkUnflavored 1% Milk |
| **Meat/Meat Alternate** |  |  |  |  |  |
| **Vegetable/Fruit/Juice** | Raisins  | Banana  | Sliced Pineapple |  Applesauce  | Raisins  |
| **Grains/Breads** | \*Rice Chex  | Bagels  | Waffles  | Blueberry Muffins | \*Cheerios  |
| **Extras:** |  | Cream Cheese  |  |  |  |
| **LUNCH** | **1-2yrs. Milk****2-5 yrs. Milk** | Unflavored Whole MilkUnflavored 1% Milk | Unflavored Whole MilkUnflavored 1% Milk | Unflavored Whole MilkUnflavored 1% Milk | Unflavored Whole MilkUnflavored 1% Milk | Unflavored Whole MilkUnflavored 1% Milk |
| **Meat/Meat Alternate** | Latin Black Beans  | Cheese Pizza  | Scrambled Eggs turkey and cheese Alt: Yogurt  | Oven Fried Chicken Alt: Black Beans  | Mac & Cheese  |
| **Vegetable or Fruit** | Roasted Zucchini  | Green Beans  | Breakfast Potatoes | Sweet Potatoes  | Green Peas  |
| **Vegetable or Fruit** | Sliced Pears | Sliced Pineapple  | Fruit Cocktail  | Sliced Peaches  | Fruit Cocktail  |
| **Grains/Breads** | White Rice  |  | Grits  | Dinner Roll  |  |
| **Extras:** |  |  |  |  |  |
| **SNACK (select 2)** | **1-2yrs. Milk****2-5 yrs. Milk** |  |  |  |  |  |
| **Meat/Meat Alternate** | Sun Butter |  |  | Vanilla Yogurt | Hummus |
| **Vegetable/Fruit/Juice** |  | Mandarin Oranges | Watermelon |  |  |
| **Grains/Bread** | \*Ritz Wheat Crackers  | \* Gold Fish Grahams  | \*Gold Fish Crackers  | \*Granola  | \*Wheat Crackers  |
| **Extras:** |  |  |  |  |  |

 \* Item Contain 100% Whole Grain