|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Child meal pattern food components:** | **MONDAY**  **6/17** | **TUESDAY**  **6/18** | **WEDNESDAY**  **6/19** | **THURSDAY**  **6/20** | **FRIDAY**  **6/21** |
| **BREAKFAST** | **1-2yrs. Milk**  **2-5 yrs. Milk** | Unflavored Whole Milk  Unflavored 1% Milk | Unflavored Whole Milk  Unflavored 1% Milk | Unflavored Whole Milk  Unflavored 1% Milk | Unflavored Whole Milk  Unflavored 1% Milk | Unflavored Whole Milk  Unflavored 1% Milk |
| **Meat/Meat Alternate** |  |  |  |  |  |
| **Vegetable/Fruit/Juice** | Raisins | Banana | Sliced Pineapple | Applesauce | Fresh Oranges |
| **Grains/Breads** | \*Rice Chex | Plain Bagels | Waffles | Blueberry Muffins | \*Rice Chex Cereal |
| **Extras:** |  | Cream Cheese |  |  |  |
| **LUNCH** | **1-2yrs. Milk**  **2-5 yrs. Milk** | Unflavored Whole Milk  Unflavored 1% Milk | Unflavored Whole Milk  Unflavored 1% Milk | Unflavored Whole Milk  Unflavored 1% Milk | Unflavored Whole Milk  Unflavored 1% Milk | Unflavored Whole Milk  Unflavored 1% Milk |
| **Meat/Meat Alternate** | Latin Black Beans | Cheese Pizza | Scrambled Eggs / Sandwiches with turkey and cheese  Alt: Yogurt | Oven Fried Chicken  Alt: Black Beans | Mac & Cheese |
| **Vegetable or Fruit** | Roasted Zucchini | Green Beans | Breakfast Potatoes / Baby Carrots | Sweet Potatoes | Green Peas |
| **Vegetable or Fruit** | Fruit Cocktail | Sliced Pineapple | Fruit Tropical Salad | Sliced Peaches | Sliced Pears |
| **Grains/Breads** | White Rice |  | Grits / Wheat Bread | Dinner Roll |  |
| **Extras:** |  |  |  |  |  |
| **SNACK  (select 2)** | **1-2yrs. Milk**  **2-5 yrs. Milk** |  |  |  |  |  |
| **Meat/Meat Alternate** |  | Sun Butter |  | Vanilla Yogurt |  |
| **Vegetable/Fruit/Juice** | Mandarin Oranges |  | Watermelon |  | Applesauce |
| **Grains/Bread** | Wheat Crackers / Goldfish Grahams | \* Wheat Thins | \*Gold Fish Crackers | \*Granola | \*Ritz Wheat Crackers |
| **Extras:** |  |  |  |  |  |

\* Item Contain 100% Whole Grain