|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Child meal pattern food components:** | **MONDAY****6/17** | **TUESDAY****6/18** | **WEDNESDAY****6/19** | **THURSDAY****6/20** | **FRIDAY****6/21** |
| **BREAKFAST** | **1-2yrs. Milk****2-5 yrs. Milk** | Unflavored Whole MilkUnflavored 1% Milk | Unflavored Whole MilkUnflavored 1% Milk | Unflavored Whole MilkUnflavored 1% Milk | Unflavored Whole MilkUnflavored 1% Milk | Unflavored Whole MilkUnflavored 1% Milk |
| **Meat/Meat Alternate** |  |  |  |  |  |
| **Vegetable/Fruit/Juice** | Raisins  | Banana  | Sliced Pineapple |  Applesauce  | Fresh Oranges  |
| **Grains/Breads** | \*Rice Chex  | Plain Bagels  | Waffles  | Blueberry Muffins | \*Rice Chex Cereal  |
| **Extras:** |  | Cream Cheese  |  |  |  |
| **LUNCH** | **1-2yrs. Milk****2-5 yrs. Milk** | Unflavored Whole MilkUnflavored 1% Milk | Unflavored Whole MilkUnflavored 1% Milk | Unflavored Whole MilkUnflavored 1% Milk | Unflavored Whole MilkUnflavored 1% Milk | Unflavored Whole MilkUnflavored 1% Milk |
| **Meat/Meat Alternate** | Latin Black Beans  | Cheese Pizza  | Scrambled Eggs / Sandwiches with turkey and cheese Alt: Yogurt  | Oven Fried Chicken Alt: Black Beans  | Mac & Cheese  |
| **Vegetable or Fruit** | Roasted Zucchini  | Green Beans  | Breakfast Potatoes / Baby Carrots  | Sweet Potatoes  | Green Peas  |
| **Vegetable or Fruit** | Fruit Cocktail  | Sliced Pineapple  | Fruit Tropical Salad | Sliced Peaches  | Sliced Pears |
| **Grains/Breads** | White Rice  |  | Grits / Wheat Bread  | Dinner Roll  |  |
| **Extras:** |  |  |  |  |  |
| **SNACK (select 2)** | **1-2yrs. Milk****2-5 yrs. Milk** |  |  |  |  |  |
| **Meat/Meat Alternate** |  | Sun Butter  |  | Vanilla Yogurt |  |
| **Vegetable/Fruit/Juice** | Mandarin Oranges  |  | Watermelon |  | Applesauce |
| **Grains/Bread** | Wheat Crackers / Goldfish Grahams  | \* Wheat Thins  | \*Gold Fish Crackers  | \*Granola  | \*Ritz Wheat Crackers  |
| **Extras:** |  |  |  |  |  |

 \* Item Contain 100% Whole Grain