|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Child meal pattern food components:** | **MONDAY**  **4/15** | **TUESDAY**  **4/16** | **WEDNESDAY**  **4/17** | **THURSDAY**  **4/18** | **FRIDAY**  **4/19** |
| **BREAKFAST** | **1-2yrs. Milk**  **2-5 yrs. Milk** | Unflavored Whole Milk  Unflavored 1% Milk | Unflavored Whole Milk  Unflavored 1% Milk | Unflavored Whole Milk  Unflavored 1% Milk | Unflavored Whole Milk  Unflavored 1% Milk | Unflavored Whole Milk  Unflavored 1% Milk |
| **Meat/Meat Alternate** |  |  |  | Strawberry Yogurt |  |
| **Vegetable/Fruit/Juice** | Sliced Pears | Fresh Banana | Applesauce Cups |  | Raisins |
| **Grains/Breads** | Corn Muffins | Plain Bagel | Waffles | Granola | \*Cheerios |
| **Extras:** |  | Cream Cheese | Syrup |  |  |
| **LUNCH** | **1-2yrs. Milk**  **2-5 yrs. Milk** | Unflavored Whole Milk  Unflavored 1% Milk | Unflavored Whole Milk  Unflavored 1% Milk | Unflavored Whole Milk  Unflavored 1% Milk | Unflavored Whole Milk  Unflavored 1% Milk | Unflavored Whole Milk  Unflavored 1% Milk |
| **Meat/Meat Alternate** | Hamburger  Alt: Yogurt | Spaghetti  w/Marinara Sauce  and White Beans | Chicken Nuggets  Alt: Black Beans | Red Beans | Pork Sausage  Alt: Yogurt |
| **Vegetable or Fruit** | Lima Beans | Green Peas | Mixed Veggies | Steamed Carrots | Potato Wedges |
| **Vegetable or Fruit** | Sliced Peaches | Fruit Cocktail | Sliced Peaches | Mandarin Oranges | Sliced Pears |
| **Grains/Breads** | Hamburger Bun | Spaghetti Noodles | \*Wild Rice | White Rice | Pancake |
| **Extras:** |  |  |  |  |  |
| **SNACK  (select 2)** | **1-2yrs. Milk**  **2-5 yrs. Milk** |  |  |  |  |  |
| **Meat/Meat Alternate** |  | Sun butter |  |  |  |
| **Vegetable/Fruit/Juice** | Apple Sauce |  | Fruit Cocktail | Applesauce | Sliced Pears |
| **Grains/Bread** | \*Whole Grain Goldfish Crackers | \*Wheat Thins | Assorted Crackers | \*Gold Fish Graham Cracker | Graham Crackers |
| **Extras:** |  |  |  |  |  |

\* Item contains 100% Whole Grain