|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Child meal pattern food components:** | **MONDAY****4/15** | **TUESDAY****4/16** | **WEDNESDAY****4/17** | **THURSDAY****4/18** | **FRIDAY****4/19** |
| **BREAKFAST** | **1-2yrs. Milk****2-5 yrs. Milk** | Unflavored Whole MilkUnflavored 1% Milk | Unflavored Whole MilkUnflavored 1% Milk | Unflavored Whole MilkUnflavored 1% Milk | Unflavored Whole MilkUnflavored 1% Milk | Unflavored Whole MilkUnflavored 1% Milk |
| **Meat/Meat Alternate** |  |  |  | Strawberry Yogurt |  |
| **Vegetable/Fruit/Juice** |  Sliced Pears  | Fresh Banana  | Applesauce Cups |  | Raisins |
| **Grains/Breads** | Corn Muffins  | Plain Bagel  | Waffles | Granola | \*Cheerios  |
| **Extras:** |  | Cream Cheese  |  Syrup |  |  |
| **LUNCH** | **1-2yrs. Milk****2-5 yrs. Milk** | Unflavored Whole MilkUnflavored 1% Milk | Unflavored Whole MilkUnflavored 1% Milk | Unflavored Whole MilkUnflavored 1% Milk | Unflavored Whole MilkUnflavored 1% Milk | Unflavored Whole MilkUnflavored 1% Milk |
| **Meat/Meat Alternate** | Hamburger Alt: Yogurt  | Spaghetti w/Marinara Sauce and White Beans | Chicken NuggetsAlt: Black Beans  | Red Beans  | Pork Sausage Alt: Yogurt |
| **Vegetable or Fruit** | Lima Beans  | Green Peas | Mixed Veggies  | Steamed Carrots  | Potato Wedges  |
| **Vegetable or Fruit** | Sliced Peaches  | Fruit Cocktail  | Sliced Peaches  | Mandarin Oranges  | Sliced Pears |
| **Grains/Breads** | Hamburger Bun  | Spaghetti Noodles  | \*Wild Rice  | White Rice  | Pancake  |
| **Extras:** |  |  |  |  |  |
| **SNACK (select 2)** | **1-2yrs. Milk****2-5 yrs. Milk** |  |  |  |  |  |
| **Meat/Meat Alternate** |  | Sun butter  |  |  |  |
| **Vegetable/Fruit/Juice** | Apple Sauce  |  | Fruit Cocktail  | Applesauce  | Sliced Pears  |
| **Grains/Bread** | \*Whole Grain Goldfish Crackers  | \*Wheat Thins  | Assorted Crackers  | \*Gold Fish Graham Cracker  | Graham Crackers  |
| **Extras:** |  |  |  |  |  |

\* Item contains 100% Whole Grain