April 15-19

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| --- | --- | --- | --- | --- | --- | --- |
|  | **Child meal pattern food components:** | **MONDAY**  **4-15** | **TUESDAY**  **4-16** | **WEDNESDAY**  **4-17** | **THURSDAY**  **4-18** | **FRIDAY**  **4-19** |
| **BREAKFAST** | **1-2yrs. Milk**  **2-5 yrs. Milk** | Unflavored Whole Milk  Unflavored 1% Milk | Unflavored Whole Milk  Unflavored 1% Milk | Unflavored Whole Milk  Unflavored 1% Milk | Unflavored Whole Milk  Unflavored 1% Milk | Unflavored Whole Milk  Unflavored 1% Milk |
| **Meat/Meat Alternate** |  |  |  |  |  |
| **Vegetable/Fruit/Juice** | Fresh Oranges | Fresh Banana | Fresh Apples | Fresh Strawberries | Fresh Apples |
| **Grains/Breads** | \*WG Chex | French Toast | Biscuits | \*WG Cheerios | Bagels |
| **Extras:** |  |  | Jelly |  | Cream Cheese |
| **LUNCH** | **1-2yrs. Milk**  **2-5 yrs. Milk** | Unflavored Whole Milk  Unflavored 1% Milk | Unflavored Whole Milk  Unflavored 1% Milk | Unflavored Whole Milk  Unflavored 1% Milk | Unflavored Whole Milk  Unflavored 1% Milk | Unflavored Whole Milk  Unflavored 1% Milk |
| **Meat/Meat Alternate** | Baked Chicken  Alt: Vegetarian Baked Beans | Turkey Tacos  ALT: Black Bean Taco | Spaghetti and Meatballs with cheese ALT: Spaghetti with Cheese | Black Beans | Macaroni and Cheese |
| **Vegetable or Fruit** | Peas & Carrots | Lettuce and Tomato | Cauliflower | Cooked Carrots | Green Beans |
| **Vegetable or Fruit** | Pineapple Slices | Tropical Fruit | Fruit Cocktail | Honeydew | Fresh Pear |
| **Grains/Breads** | WG Dinner Rolls | Tortilla | WW Pasta | Rice | WW Pasta |
| **Extras:** |  |  |  |  |  |
| **SNACK  (select 2)** | **1-2yrs. Milk**  **2-5 yrs. Milk** |  |  |  |  |  |
| **Meat/Meat Alternate** | Sliced Cheese | Yogurt  Dairy Alt: WW crackers |  |  |  |
| **Vegetable/Fruit/Juice** | Dairy Alt: Applesauce | Sliced Peaches | Fresh Oranges | Apple Sauce | Banana |
| **Grains/Bread** | WW Crackers |  | WG Wheat Thins | Goldfish | WG Crackers |
| **Extras:** |  |  |  |  |  |