|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Child meal pattern food components:** | **MONDAY****3/25** | **TUESDAY****3/26** | **WEDNESDAY****3/27** | **THURSDAY****3/28** | **FRIDAY****3/29** |
| **BREAKFAST** | **1-2yrs. Milk****2-5 yrs. Milk** | Unflavored Whole MilkUnflavored 1% Milk | Unflavored Whole MilkUnflavored 1% Milk | Unflavored Whole MilkUnflavored 1% Milk | Unflavored Whole MilkUnflavored 1% Milk | Unflavored Whole MilkUnflavored 1% Milk |
| **Meat/Meat Alternate** |  |  |  |  |  |
| **Vegetable/Fruit/Juice** | Raisins  | Mandarin Oranges  | Sliced Pineapple |  Applesauce  | Raisins  |
| **Grains/Breads** | \*Rice Chex | Plain Bagels | Waffles  | Blueberry Muffins | \*Rice Chex  |
| **Extras:** |  | Cream Cheese  |  |  |  |
| **LUNCH** | **1-2yrs. Milk****2-5 yrs. Milk** | Unflavored Whole MilkUnflavored 1% Milk | Unflavored Whole MilkUnflavored 1% Milk | Unflavored Whole MilkUnflavored 1% Milk | Unflavored Whole MilkUnflavored 1% Milk | Unflavored Whole MilkUnflavored 1% Milk |
| **Meat/Meat Alternate** | Latin Black Beans  | Cheese Pizza  | Scrambled Eggs Alt: Yogurt  | Oven Fried Chicken Alt: Black Beans  | Mac & Cheese  |
| **Vegetable or Fruit** | Roasted Zucchini  | Green Beans  | Breakfast Potatoes  | Sweet Potatoes  | Green Peas  |
| **Vegetable or Fruit** | Sliced Apples  | Sliced Peaches  | Mandarin Oranges | Sliced Peaches  | Applesauce  |
| **Grains/Breads** | White Rice  |  | Grits  | Dinner Roll  |  |
| **Extras:** |  |  |  |  |  |
| **SNACK (select 2)** | **1-2yrs. Milk****2-5 yrs. Milk** |  |  |  |  |  |
| **Meat/Meat Alternate** |  |  |  | Strawberry Yogurt |  |
| **Vegetable/Fruit/Juice** | Pineapple  | Shredded Fresh Carrots  | Fruit Cocktail  |  | Applesauce  |
| **Grains/Bread** | Oyster Crackers  | \*Wheat Thins  | \*Cheez-its  | \*Granola  | \*Gold Fish Graham Cracker  |
| **Extras:** |  |  |  |  |  |

 \* Item Contain 100% Whole Grain