|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Child meal pattern food components:** | **MONDAY**  **3/25** | **TUESDAY**  **3/26** | **WEDNESDAY**  **3/27** | **THURSDAY**  **3/28** | **FRIDAY**  **3/29** |
| **BREAKFAST** | **1-2yrs. Milk**  **2-5 yrs. Milk** | Unflavored Whole Milk  Unflavored 1% Milk | Unflavored Whole Milk  Unflavored 1% Milk | Unflavored Whole Milk  Unflavored 1% Milk | Unflavored Whole Milk  Unflavored 1% Milk | Unflavored Whole Milk  Unflavored 1% Milk |
| **Meat/Meat Alternate** |  |  |  |  |  |
| **Vegetable/Fruit/Juice** | Raisins | Mandarin Oranges | Sliced Pineapple | Applesauce | Raisins |
| **Grains/Breads** | \*Rice Chex | Plain Bagels | Waffles | Blueberry Muffins | \*Rice Chex |
| **Extras:** |  | Cream Cheese |  |  |  |
| **LUNCH** | **1-2yrs. Milk**  **2-5 yrs. Milk** | Unflavored Whole Milk  Unflavored 1% Milk | Unflavored Whole Milk  Unflavored 1% Milk | Unflavored Whole Milk  Unflavored 1% Milk | Unflavored Whole Milk  Unflavored 1% Milk | Unflavored Whole Milk  Unflavored 1% Milk |
| **Meat/Meat Alternate** | Latin Black Beans | Cheese Pizza | Scrambled Eggs  Alt: Yogurt | Oven Fried Chicken  Alt: Black Beans | Mac & Cheese |
| **Vegetable or Fruit** | Roasted Zucchini | Green Beans | Breakfast Potatoes | Sweet Potatoes | Green Peas |
| **Vegetable or Fruit** | Sliced Apples | Sliced Peaches | Mandarin Oranges | Sliced Peaches | Applesauce |
| **Grains/Breads** | White Rice |  | Grits | Dinner Roll |  |
| **Extras:** |  |  |  |  |  |
| **SNACK  (select 2)** | **1-2yrs. Milk**  **2-5 yrs. Milk** |  |  |  |  |  |
| **Meat/Meat Alternate** |  |  |  | Strawberry Yogurt |  |
| **Vegetable/Fruit/Juice** | Pineapple | Shredded Fresh Carrots | Fruit Cocktail |  | Applesauce |
| **Grains/Bread** | Oyster Crackers | \*Wheat Thins | \*Cheez-its | \*Granola | \*Gold Fish Graham Cracker |
| **Extras:** |  |  |  |  |  |

\* Item Contain 100% Whole Grain