

	Child meal pattern food components:	MONDAY 2/18	TUESDAY 2/19	WEDNESDAY 2/20	THURSDAY 2/21	FRIDAY 2/22
BREAKFAST	1-2yrs. Milk 2-5 yrs. Milk	Unflavored Whole Milk Unflavored 1% Milk	Unflavored Whole Milk Unflavored 1% Milk	Unflavored Whole Milk Unflavored 1% Milk	Unflavored Whole Milk Unflavored 1% Milk	Unflavored Whole Milk Unflavored 1% Milk
	Meat/Meat Alternate	Peach/Strawberry Yogurt				
	Vegetable/Fruit/Juice		Applesauce	Fresh Sliced Oranges	Raisins	Sliced Peaches
	Grains/Breads	Granola	Blueberry Muffins	Waffles	Chex Cereal	Raisin Bread
	Extras:			Syrup	Cream Cheese	
LUNCH	1-2yrs. Milk 2-5 yrs. Milk	Unflavored Whole Milk Unflavored 1% Milk	Unflavored Whole Milk Unflavored 1% Milk	Unflavored Whole Milk Unflavored 1% Milk	Unflavored Whole Milk Unflavored 1% Milk	Unflavored Whole Milk Unflavored 1% Milk
	Meat/Meat Alternate	Hamburger Alt: Yogurt	Spaghetti w/Marinara Sauce and White Beans	Chicken Nuggets Alt: Black Beans	Red Beans	Pork Sausage Alt: Yogurt
	Vegetable or Fruit	Lima Beans	Squash	Mixed Veggies	Steamed Carrots	Potato Wedges
	Vegetable or Fruit	Sliced Peaches	Sliced Pineapple	Sliced Apples	Sliced Pears	Sliced Pears
	Grains/Breads	Hamburger Bun	Spaghetti Noodles	*Wild Rice	White Rice	Pancake
	Extras:					
SNACK (select 2)	1-2yrs. Milk 2-5 yrs. Milk					
	Meat/Meat Alternate					
	Vegetable/Fruit/Juice	Shredded Carrots	Fresh Banana	Fruit Cocktail	Applesauce	Mandarin Oranges
	Grains/Bread	*Whole Grain Goldfish Crackers	*Wheat Thins	Raisin Bread	*Gold Fish Graham Cracker	*Wheat Thins
	Extras:					

* Item contains 100% Whole Grain