

	Child meal pattern food components:	MONDAY 1-21	TUESDAY 1-22	WEDNESDAY 1-23	THURSDAY 1-24	FRIDAY 1-25
BREAKFAST	1-2yrs. Milk 2-5 yrs. Milk	Unflavored Whole Milk Unflavored 1% Milk	Unflavored Whole Milk Unflavored 1% Milk	Unflavored Whole Milk Unflavored 1% Milk	Unflavored Whole Milk Unflavored 1% Milk	Unflavored Whole Milk Unflavored 1% Milk
	Meat/Meat Alternate					
	Vegetable/Fruit/Juice		Pineapple Rings	Fresh Apples	Fresh Pears	Bananas
	Grains/Breads		French Toast	Biscuits	*WG Cheerios	Bagels
	Extras:			Jelly		Cream Cheese
LUNCH	1-2yrs. Milk 2-5 yrs. Milk		Unflavored Whole Milk Unflavored 1% Milk	Unflavored Whole Milk Unflavored 1% Milk	Unflavored Whole Milk Unflavored 1% Milk	Unflavored Whole Milk Unflavored 1% Milk
	Meat/Meat Alternate	BG CLOSED	Spaghetti and Meatballs with cheese ALT: Spaghetti with Cheese	Macaroni and Cheese	Black Beans	Diced BBQ Chicken ALT: BBQ Tofu
	Vegetable or Fruit		Cauliflower	Green Beans	Cooked Carrots	Lima Beans
	Vegetable or Fruit		Fruit Cocktail	Sliced Pear	Fresh Apples	Tropical Fruit
	Grains/Breads		WW Pasta	WW Pasta	Brown Rice	WW dinner roll
	Extras:					
SNACK (select 2)	1-2yrs. Milk 2-5 yrs. Milk					
	Meat/Meat Alternate					Yogurt
	Vegetable/Fruit/Juice		Sliced Peaches	Fresh Oranges	Assorted Mixed fruit	Diced Peaches
	Grains/Bread		Raisin Bread	WG Wheat Thins	Home Made Chex Mix	Dairy Alt: WG Crackers
	Extras:					