

| | Child meal pattern food components: | MONDAY 11-12 | TUESDAY 11-13 | WEDNESDAY 11-14 | THURSDAY 11-15 | FRIDAY- Thanksgiving Potluck 11-16 |
|-----------------------------|-------------------------------------|------------------|---|---|---|---|
| BREAKFAST | 1-2yrs. Milk 2-5 yrs. Milk | | Unflavored Whole Milk Unflavored 1% Milk | Unflavored Whole Milk Unflavored 1% Milk | Unflavored Whole Milk Unflavored 1% Milk | Unflavored Whole Milk Unflavored 1% Milk |
| | Meat/Meat Alternate | | | | | |
| | Vegetable/Fruit/Juice | | Mixed fruit | Fresh Apples | Fresh Pears | Fresh Strawberry |
| | Grains/Breads | BG CLOSED | WG Waffles | Banana Bread | Cheese WW Toast | *WG Cereal |
| | Extras: | | Syrup | | | |
| LUNCH | 1-2yrs. Milk 2-5 yrs. Milk | | Unflavored Whole Milk Unflavored 1% Milk | Unflavored Whole Milk Unflavored 1% Milk | Unflavored Whole Milk Unflavored 1% Milk | Unflavored Whole Milk Unflavored 1% Milk |
| | Meat/Meat Alternate | | Cannellini Beans | Chicken soup ALT: Veggie Burger | Turkey Roll up ALT: Cheese Roll up | Macaroni and Cheese Dairy Alt: Pasta and Beans |
| | Vegetable or Fruit | | Mixed Vegetables | Broccoli | Carrot sticks | Green Beans |
| | Vegetable or Fruit | | Sliced Peaches | Mandarin Oranges | Apple Sauce | Cantaloupe |
| | Grains/Breads | | Wild Rice | Garlic Toast | Tortilla | Pasta |
| | Extras: | | | | | |
| SNACK (select 2) | 1-2yrs. Milk 2-5 yrs. Milk | | | | | |
| | Meat/Meat Alternate | | | Sliced Cheese | | |
| | Vegetable/Fruit/Juice | | Fresh Oranges | Wheat Thins | Fruit Cocktail | Pineapple Chunks |
| | Grains/Bread | | Whole Wheat Crackers | | WG Cheddar Goldfish | Animal Crackers |
| | Extras: | | | | | |

WEEK 2 of 2 Week Cycle Menu
Cereal * Cheerios, Chex, Multigrain Cheerios

Menu for:

Baby Gator/Lake Alice