

	Child meal pattern food components:	MONDAY 9/10	TUESDAY 9/11	WEDNESDAY 9/12	THURSDAY 9/13	FRIDAY 9/14
BREAKFAST	1-2yrs. Milk 2-5 yrs. Milk	Unflavored Whole Milk Unflavored 1% Milk	Unflavored Whole Milk Unflavored 1% Milk	Unflavored Whole Milk Unflavored 1% Milk	Unflavored Whole Milk Unflavored 1% Milk	Unflavored Whole Milk Unflavored 1% Milk
	Meat/Meat Alternate	Peach Yogurt				
	Vegetable/Fruit/Juice		Banana	Applesauce	Raisins	Tropical Fruit Cup
	Grains/Breads	Blueberry Muffins	*Mini Wheat Cereal	Cinnamon Raisin Bread	Waffles	*Mini Wheat Cereal
	Extras:					
LUNCH	1-2yrs. Milk 2-5 yrs. Milk	Unflavored Whole Milk Unflavored 1% Milk	Unflavored Whole Milk Unflavored 1% Milk	Unflavored Whole Milk Unflavored 1% Milk	Unflavored Whole Milk Unflavored 1% Milk	Unflavored Whole Milk Unflavored 1% Milk
	Meat/Meat Alternate	Latin Black beans	Cheese Pizza	Scrambled Eggs	Oven fried Chicken	Macaroni and Cheese
	Vegetable or Fruit	Roasted Zucchini	Green Beans	Breakfast Potatoes	Sweet Potatoes	Green Peas
	Vegetable or Fruit	Applesauce	Sliced Pineapple	Fruit Cocktail	Sliced Pears	Fruit Cocktail
	Grains/Breads	White Rice	Club Crackers	Grits	*Dinner Roll	Club Crackers
	Extras:					
SNACK (select 2)	1-2yrs. Milk 2-5 yrs. Milk					
	Meat/Meat Alternate					
	Vegetable/Fruit/Juice	Fruit Cocktail	Sliced Pears	Carrot Sticks	Sliced Peaches	Vanilla Yogurt
	Grains/Bread	Oyster Crackers	*Goldfish Crackers	*Wheat Thins	Cheez It Crackers	*Graham Crackers
	Extras:					

\* Item contains 100% Whole Grain