<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>MONDAY</td>
<td>Whole Milk</td>
<td>1% Milk</td>
<td>Whole Milk</td>
<td>1% Milk</td>
<td>Whole Milk</td>
</tr>
<tr>
<td>TUESDAY</td>
<td>Whole Milk</td>
<td>1% Milk</td>
<td>Whole Milk</td>
<td>1% Milk</td>
<td>Whole Milk</td>
</tr>
<tr>
<td>WEDNESDAY</td>
<td>Whole Milk</td>
<td>1% Milk</td>
<td>Whole Milk</td>
<td>1% Milk</td>
<td>Whole Milk</td>
</tr>
<tr>
<td>THURSDAY</td>
<td>Whole Milk</td>
<td>1% Milk</td>
<td>Whole Milk</td>
<td>1% Milk</td>
<td>Whole Milk</td>
</tr>
<tr>
<td>FRIDAY</td>
<td>Whole Milk</td>
<td>1% Milk</td>
<td>Whole Milk</td>
<td>1% Milk</td>
<td>Whole Milk</td>
</tr>
</tbody>
</table>

**Breakfast**

- **Child meal pattern food components:**
- **Meat/Meat Alternate**
- **Vegetable/Fruit/Juice**
- **Grains/Breads**
- **Extras:**

**Lunch**

- **Meat/Meat Alternate**
- **Vegetable or Fruit**
- **Grains/Breads**
- **Extras:**

**Snack**

- **Vegetable/Fruit/Juice**
- **Grains/Bread**
- **Extras:**

Cereal * Cheerios, Chex, Multigrain Cheerios

Revised