

	Child meal pattern food components:	MONDAY 6-25	TUESDAY 6-26	WEDNESDAY 6-27	THURSDAY 6-28	FRIDAY 6-29
BREAKFAST	1-2yrs. Milk 2-5 yrs. Milk	Whole Milk 1% Milk	Whole Milk 1% Milk	Whole Milk 1% Milk	Whole Milk 1% Milk	Whole Milk 1% Milk
	Meat/Meat Alternate		Yogurt			
	Vegetable/Fruit/Juice	Strawberries	Banana	Diced Pears	Honey Dew	Fresh Apples
	Grains/Breads	*Cereal		Pancakes	Cheese Grits	Oatmeal
	Extras:			Syrup		
LUNCH	1-2yrs. Milk 2-5 yrs. Milk	Whole Milk 1% Milk	Whole Milk 1% Milk	Whole Milk 1% Milk	Whole Milk 1% Milk	Whole Milk 1% Milk
	Meat/Meat Alternate	Ham and Cheese Wrap Dairy Alt: Ham Wrap Alt: Garbanzo Beans	Scrambled Eggs Alt: Yogurt	Meatloaf ALT: Veggie Patty	Seasoned Cannellini Beans	Grilled Cheese Dairy Alt: Grilled Turkey Sandwich
	Vegetable or Fruit	Cooked Carrots	Baked Potato Cubes	Mashed Potatoes	Mixed Vegetables	Tomato Soup
	Vegetable or Fruit	Cantaloupe	Mandarin Oranges	Pineapple Rings	Fresh Mixed Fruit	Fresh Pear
	Grains/Breads	Tortilla Wrap	½ Slice Whole Wheat Toast	Whole Wheat Dinner Roll	White Rice	Whole Wheat Bread
	Extras:					
SNACK (select 2)	1-2yrs. Milk 2-5 yrs. Milk					
	Meat/Meat Alternate	Tropical Fruit				
	Vegetable/Fruit/Juice	Animal Crackers	Applesauce	Sliced Peaches	Fresh Oranges	Diced Apples
	Grains/Bread		Soft Pretzel Stick	Homemade Chex mix	Wheat Thins	Oyster Crackers
	Extras:					

- Chex, Cheerios, Multigrain Cheerios