

	Child meal pattern food components:	MONDAY 4-16	TUESDAY 4-17	WEDNESDAY 4-18	THURSDAY 4-19	FRIDAY 4-20
BREAKFAST	1-2yrs. Milk 2-5 yrs. Milk	Whole Milk 1% Milk	Whole Milk 1% Milk	Whole Milk 1% Milk	Whole Milk 1% Milk	Whole Milk 1% Milk
	Vegetable/Fruit/Juice	Mandarin Oranges	Applesauce	Fresh Honey Dew	Fruit Cocktail	Tropical Fruit
	Grains/Breads	French Toast Sticks	English Muffins	Waffles	Cereal*	Bagels
	Extras:	Syrup	Jelly	Syrup		Cream Cheese
LUNCH	1-2yrs. Milk 2-5 yrs. Milk	Whole Milk 1% Milk	Whole Milk 1% Milk	Whole Milk 1% Milk	Whole Milk 1% Milk	Whole Milk 1% Milk
	Meat/Meat Alternate	Spaghetti and Meatballs ALT: Spaghetti and Meatballs	Popcorn Chicken Alt: Kidney Beans	Cheese Pizza Dairy ALT: Turkey Wrap	Latin Black Beans and Rice	Macaroni and Cheese Dairy ALT: Vegetarian baked beans
	Vegetable or Fruit	Green beans	Lima Beans	Green Beans	Vegetable Medley	Cooked Carrots
	Vegetable or Fruit	Fresh Apples	Fresh Banana	Fresh Strawberries	Diced Pears	Diced Pineapple
	Grains/Breads	Whole Wheat Pasta	Whole Wheat Dinner roll	Crust	White Rice	Pasta
	Extras:					
SNACK (select 2)						
	Meat/Meat Alternate			Yogurt		
	Vegetable/Fruit/Juice	Fresh Pears	Sliced Peaches		Carrots	Fresh Oranges
	Grains/Bread	Whole Wheat Club crackers	Soft Pretzel	Animal Crackers	Oyster Crackers	Goldfish
	Extras:					

- Cheerios, Kixs, Rice Krispy