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<td><strong>BREAKFAST</strong></td>
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<tr>
<td>Child meal pattern food components:</td>
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<tr>
<td>1-2yrs. Milk</td>
<td>Whole Milk</td>
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<tr>
<td>2-5 yrs. Milk</td>
<td>1% Milk</td>
<td>1% Milk</td>
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</tr>
<tr>
<td>Vegetable/Fruit/Juice</td>
<td>Fresh Oranges</td>
<td>Sliced Peaches</td>
<td>Sliced Pears</td>
<td>Sliced Pineapple</td>
<td>Raisins</td>
</tr>
<tr>
<td>Grains/Breads</td>
<td>(WG) Whole Wheat Toast</td>
<td>(WG) Blue Berry Bagels</td>
<td>(WG) Oatmeal</td>
<td>Blueberry Muffins</td>
<td>Special K Cereal</td>
</tr>
<tr>
<td>Extras:</td>
<td>Jelly</td>
<td></td>
<td></td>
<td>Syrup</td>
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<td><strong>LUNCH</strong></td>
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<tr>
<td>Milk</td>
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</tr>
<tr>
<td>Meat/Meat Alternate</td>
<td>Cheese Pizza</td>
<td>Diced Chicken</td>
<td>Latin Black Beans and Rice</td>
<td>Cheese Quesadilla</td>
<td>Meatballs ALT: Chees Stick</td>
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<tr>
<td>Vegetable or Fruit</td>
<td>Mixed Vegetables</td>
<td>Broccoli/ Stir Fry Vegetables</td>
<td>Mixed Vegetables</td>
<td>Green Bean</td>
<td>Mashed Potatoes</td>
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<td>Vegetable or Fruit</td>
<td>Apple Sauce</td>
<td>Fruit Salad</td>
<td>Sliced Pears</td>
<td>Sliced Oranges</td>
<td>Bananas</td>
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<tr>
<td>Grains/Breads</td>
<td>(WG) Spanish Rice</td>
<td>(WG) Spanish Rice</td>
<td>Tortilla</td>
<td>Whole Wheat Rolls</td>
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<td>Extras:</td>
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<td>Milk</td>
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<td>Meat/Meat Alternate</td>
<td>Yogurt</td>
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<tr>
<td>Vegetable/Fruit/Juice</td>
<td>Raisins</td>
<td>Fresh Apples</td>
<td>Tropical Fruit</td>
<td>Sliced Pineapple</td>
<td>Sliced Peaches</td>
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<tr>
<td>Grains/Bread</td>
<td>(WG)Goldfish</td>
<td>(WG) Cheddar Chex Mix</td>
<td>(WG) Graham Crackers</td>
<td>Club Crackers</td>
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<td>Extras:</td>
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