

## December 2017 Menu

				1 B: Kix Cereal, Diced Pears, Milk <b>L: Oven Roasted Chicken Breast, Mashed Potatoes, Fresh Apple Slices, Wheat Roll, Milk</b> <b>Meat Alt. – Kidney Beans</b> S: Whole Grain Ritz Crackers, Diced Peaches
4 B: Boiled Egg, Fruit Cocktail, Milk <b>L: Pulled Pork, Mashed Sweet Potatoes, Brown Rice, Diced Pears, Milk</b> <b>Meat Alt. Black Beans</b> S: Havarti Cheese Cubes, Wheat Club Crackers	5 B: Biscuits, Mixed Fruit, Milk <b>L: Chicken and Cheese Quesadilla, Corn, Sliced Peaches, Milk</b> <b>Meat Alt. Refried Bean Quesadilla</b> S: Goldfish, Bananas	6 B: English Muffins, Bacon, Pineapple Tidbits, Milk <b>L: Salisbury Steak, Green Beans, Fresh Apples Wheat Roll, Milk</b> <b>Meat Alt. Colby Jack Cheese</b> S: Cheerios Cereal, Milk	7 B: Blueberry Muffins, Diced Pears, Milk <b>L: Cheese Pizza, Mixed Veggies, Fruit Cocktail, Wheat Crackers, Milk</b> <b>Dairy Alt- Ham Rollup</b> S: Wheat Thins, Mandarin Oranges	8 B: Cinnamon Raisin Bread, Diced Peaches, Milk <b>L: Turkey Sandwich on Whole Wheat Bread, Lima Beans, Orange slices, Milk</b> <b>Meat Alt- Egg Sandwich</b> S: Yogurt, Mixed Fruit
11 B: Cheese Toast, Diced Pears, Milk <b>L: Turkey Burger on Whole Wheat Pita, Mixed Veggies, Mandarin Oranges, Milk</b> <b>Meat Alt.- Black Bean Burger</b> S: Goldfish, Fruit Yogurt	12 B: Oatmeal, Diced Peaches, Milk <b>L: Sloppy Joe w/ Ground Beef on Bun, Squash, Bananas, Milk</b> <b>Meat Alt.- Sloppy Joe w/ tofuu</b> S: Colby Jack Cheese Stick, Whole Wheat Crackers	13 B: Pancakes, Fruit Cocktail, Milk <b>L: Cheese Tortellini w/ White Beans and Marinara Sauce, Green Peas, Pineapple Tidbits, Milk</b> S: Cinnamon Raisin Bread, Applesauce	14 B: Cheese Grits, Fresh Berries, Milk <b>L: Chicken Broccoli Alfredo, Green Beans, Diced Peaches, Milk</b> <b>Meat Alt. Broccoli Alfredo w/ cheese stick</b> S: Whole Grain Ritz Crackers, Diced Peaches	15 B: Cheerios Cereal, Mixed Fruit, Milk <b>L: Turkey Rollup on Wheat Tortilla, Steamed Carrots, Fresh Apple Slices/Applesauce, Milk</b> <b>Meat Alt.- Cheese Rollup</b> <b>Birthday Snack: Sugar Cookie, Diced Peaches, Milk</b>
18 B: Cinnamon Raisin Bread, Applesauce, Milk <b>L: BBQ Chicken Sliders, Baked Potato Wedges, Diced Pears, Milk</b> <b>Meat Alt- BBQ Tofu Sliders</b> S: Whole Grain Cheez It Crackers, Diced Peaches	19 B: Kix Cereal, Fresh Berries, Milk <b>L: Hamburger on Whole Wheat Bun, Lima Beans, Fresh Orange Slices, Milk</b> <b>Meat Alt- Bean Burger</b> S: Goldfish, Applesauce	20 B: Waffles, Mixed Fruit, Milk <b>L: Kidney Beans, Steamed Carrots, Pineapple Tidbits, Brown Rice, Milk</b> S: Granola, Fruit Yogurt	21 B: Assorted Muffins, Fruit Cocktail, Milk <b>L: Macaroni and Cheese, Green Peas, Fresh Apple Slices/Applesauce, Wheat Crackers, Milk</b> <b>Dairy Alt. – Ham Sandwich</b> S: Wheat Thins, Mandarin Oranges	22 B: Vanilla Yogurt, Diced Pears, Milk <b>L: Spaghetti and Meatballs, Squash, Sliced Peaches, Milk</b> <b>Meat Alt- Spaghetti, Marinara Sauce w/ cheese cubes</b> S: Cheerios Cereal, Mixed Fruit
25 BG closed 	26 B: Cinnamon Raisin Bread, Diced Peaches, Milk <b>L: Crispy Chicken Tenders, Mixed Veggies, Wild Rice Medley, Applesauce, Milk</b> <b>Meat Alt. Yogurt</b> S: Cheerios Cereal, Milk	27 B: Biscuits, Mandarin Oranges, Milk <b>L: Bean and Cheese Burrito, Green Peas, Fruit Cocktail, Tortilla, Milk</b> S: Wheat Thins, Mixed Fruit	28 B: Sausage Patties, Wheat Toast, Applesauce, Milk <b>L: Turkey Sandwich on Whole Wheat, Steamed Carrots, Diced Pears, Milk</b> <b>Meat Alt.- Egg Sandwich</b> S: Goldfish, Pineapple Tidbits	29 B: Kix Cereal, Mixed Fruit, Milk <b>L: Oven Roasted Chicken Breast, Mashed Potatoes, Mandarin Oranges, Wheat Roll, Milk</b> <b>Meat Alt. – Kidney Beans</b> S: Whole Grain Ritz Crackers, Diced Peaches