

November 2017 Newell Drive Menu

		1 B: Biscuits, Sliced Apples, Milk <b>L: Bean and Cheese Burrito, Green Peas, Bananas, Tortilla, Milk</b> S: Wheat Thins, Mixed Fruit	2 B: Sausage Patties, Wheat Toast, Orange wedges, Milk <b>L: Turkey Wrap, Steamed Carrots, Diced Pears, Milk</b> <b>Meat Alt.- Egg Sandwich</b> S: Goldfish, Pineapple Tidbits	3 B: Kix Cereal, Diced Pears, Milk <b>L: Oven Roasted Chicken Breast, Mashed Potatoes, Fresh Apple Slices, Wheat Roll, Milk</b> <b>Meat Alt. – Kidney Beans</b> S: Whole Grain Ritz Crackers, Diced Peaches
6 B: Boiled Egg, Fruit Cocktail, Milk <b>L: Pulled Pork, Mashed Sweet Potatoes, Brown Rice, Diced Pears , Milk</b> <b>Meat Alt. Black Beans</b> S: Havarti Cheese Cubes, Wheat Club Crackers	7 B: Biscuits, Mixed Fruit, Milk <b>L: Chicken and Cheese Quesadilla, Corn, Sliced Peaches, Milk</b> <b>Meat Alt. Refried Bean Quesadilla</b> S: Goldfish, Bananas	8 B: English Muffins, Bacon, Pineapple Tidbits, Milk <b>L: Salisbury Steak, Green Beans, Fresh Apples</b> <b>Wheat Roll, Milk</b> <b>Meat Alt. Colby Jack Cheese</b> S: Cheerios Cereal, Milk	9 B: Blueberry Muffins, Diced Pears, Milk <b>L: Cheese Pizza, Mixed Veggies, Fruit Cocktail, Wheat Crackers, Milk</b> <b>Dairy Alt- Ham Rollup</b> S: Wheat Thins, Mandarin Oranges	10 B: Cinnamon Raisin Bread, Diced Peaches, Milk <b>L: Turkey Sandwich on Whole Wheat Bread, Lima Beans, Orange slices, Milk</b> <b>Meat Alt.-Egg Sandwich</b> S: Yogurt, Mixed Fruit
13 B: Cheese Toast, Diced Pears, Milk <b>L: Turkey Burger on Whole Wheat Pita, Mixed Veggies, Mandarin Oranges, Milk</b> <b>Meat Alt.- Black Bean Burger</b> S: Goldfish, Fruit Yogurt	14 B: Oatmeal, Diced Peaches, Milk <b>L: Sloppy Joe w/Ground Beef on Bun, Squash, Bananas, Milk</b> <b>Meat Alt.-Sloppy Joe w/tofu</b> S: Colby Jack Cheese Stick, Whole Wheat Crackers	15 B: Pancakes, Fruit Cocktail, Milk <b>L: Cheese Tortellini w/White Beans and Marinara Sauce, Green Peas, Pineapple Tidbits, Milk</b> S: Oyster Crackers, Applesauce	16 B: Cheese Grits, Fresh Berries, Milk <b>L: Chicken Broccoli Alfredo, Green Beans, Diced Peaches, Milk</b> <b>Meat Alt. Broccoli Alfredo w/ cheese stick</b> S: Cinnamon Raisin Bread, Milk	17 B: Cheerios Cereal, Mixed Fruit, Milk <b>L: Turkey w/ gravy, Fresh Green Beans, and Sweet Potato Soufflé, Whole Wheat Dinner Rolls</b> <b>Meat Alt.- Tofu Turkey</b> S: Wheat Thins, Mandarin Oranges
20 B: Cinnamon Raisin Bread, Applesauce, Milk <b>L: BBQ Chicken Sliders, Baked Potato Wedges, Diced Pears, Milk</b> <b>Meat Alt- BBQ Tofu Sliders</b> S: Whole Grain Cheez It Crackers, Diced Peaches	21 B: Kix Cereal, Fresh Berries, Milk <b>L: Hamburger on Whole Wheat Bun, Lima Beans, Fresh Orange Slices, Milk</b> <b>Meat Alt- Bean Burger</b> S: Goldfish, Applesauce	22 B: Waffles, Mixed Fruit, Milk <b>L: Kidney Beans, Steamed Carrots, Pineapple Tidbits, Brown Rice, Milk</b> S: Granola, Fruit Yogurt	23 <b>CLOSED FOR THANKSGIVING DAY</b> 	24 <b>BG CLOSED</b>
27 B: Blueberry Pancake, Pineapple Tidbits, Milk <b>L: Latin Black Beans, White Rice, Roasted Zucchini, Applesauce, Milk</b> S: Colby Jack Cheese, Whole Wheat Crackers	28 B: Scrambled Eggs, Diced Peaches, Milk <b>L: Crispy Chicken Tenders, Mixed Veggies, Wild Rice Medley, Fruit Cocktail, Milk</b> <b>Meat Alt. Yogurt</b> S: Cheerios Cereal, Mandarin Oranges	29 B: Biscuits, Sliced Apples, Milk <b>L: Bean and Cheese Burrito, Green Peas, Bananas, Tortilla, Milk</b> S: Wheat Thins, Mixed Fruit	30 B: Sausage Patties, Wheat Toast, Orange wedges, Milk <b>L: Turkey Sandwich on Whole Wheat, Steamed Carrots, Diced Pears, Milk</b> <b>Meat Alt.- Egg Sandwich</b> S: Goldfish, Pineapple Tidbits	