

	Child meal pattern food components:	MONDAY 9-11	TUESDAY 9-12	WEDNESDAY 9-13	THURSDAY 9-14	FRIDAY 9-15
BREAKFAST	Milk	Milk	Milk	Milk	Milk	Milk
	Vegetable/Fruit/Juice	BG CLOSED	BG CLOSED	Mixed Fruit	Bananas	Sliced peaches
	Grains/Breads			Cereal	Bagel	Biscuits
	Extras:				Cream Cheese	Bacon
LUNCH	Milk	Milk	Milk	Milk	Milk	Milk
	Meat/Meat Alternate			Popcorn Chicken ALT: Baked Tofu	Hamburger on a bun Alt: Veggie Burger on a bun	Grilled Cheese
	Vegetable or Fruit			Mixed Vegetables	Green beans	Vegetable Soup
	Vegetable or Fruit			Sliced Peaches	Mandarin Oranges	Sliced Pears
	Grains/Breads			Brown Rice	Hamburger Bun	Sandwich bread
	Extras:					
SNACK (select 2)	Milk					
	Meat/Meat Alternate					
	Vegetable/Fruit/Juice			Tropical Fruit	Applesauce	Carrots
	Grains/Bread			Oyster Crackers	Pretzels	Goldfish
	Extras:					Ranch