

	Child meal pattern food components:	MONDAY Closed	TUESDAY Closed	WEDNESDAY 9/13	THURSDAY 9/14	FRIDAY 9/15
<b>BREAKFAST</b>	Milk	Milk	Milk	Milk	Milk	Milk
	Meat/Meat Alternate					Scrambled Eggs
	Vegetable/Fruit/Juice			Raisins	Fresh Strawberries / Honey Dew	
	Grains/Breads			Cheerios	Biscuits	Tortilla
	Extras:				Jelly	Bacon
<b>LUNCH</b>	Milk	Milk	Milk	Milk	Milk	Milk
	Meat/Meat Alternate			Cheese Pizza	Mini Corn Dogs Alt: Garbanzo Beans	Spaghetti and Meatballs Alt: Spaghetti with extra cheese
	Vegetable or Fruit			Broccoli	Carrots	Mixed Vegetables
	Vegetable or Fruit			Sliced Pineapple	Fresh Oranges	Fruit Cocktail
	Grains/Breads				Quinoa	Whole Wheat Pasta
	Extras:					
<b>SNACK (select 2)</b>	Milk					
	Meat/Meat Alternate			Cheese Stick	Yogurt	
	Vegetable/Fruit/Juice					Fresh Oranges
	Grains/Bread			Sun Chips	Cheez-it / Pita Chips	Oyster Crackers
	Extras:					