			Τ.	
			B: Cheese Grits, Fresh Berries, Milk L: Chicken Broccoli Alfredo, Green Beans, Sliced Peaches, Milk Meat Alt. Broccoli Alfredo w/ cheese stick S: Homemade Chex Mix (Goldfish, Pretzels, and Raisins), Applesauce	B: Kix Cereal, Pineapple tidbits, Milk L: Turkey Rollup on Wheat Tortilla, Steamed Carrots, Fresh Apple Slices, Milk Meat AltCheese Rollup S: Sun Chips, Mixed Fruit
5	6	7	8	9
B: Yogurt, Pineapple tidbits, Milk L: BBQ Chicken Sliders, Baked Potato Wedges, Diced Pears, Milk Meat Alt- BBQ Tofu Sliders S: Whole Grain Cheez It Crackers, Diced Peaches	B: Cheerios Cereal, Fruit Cocktail, Milk L: Hamburger on Whole Wheat Bun, Steamed Carrots, Fresh Orange Slices, Milk Meat Alt- Bean Burger S: Goldfish, Applesauce	B: Waffles, Fresh Berries, Milk L: Kidney Beans, Lima Beans, Pineapple Tidbits, Brown Rice, Milk S: Whole Grain Ritz Crackers, Havarti Cheese Cubes	B: Assorted Muffins, Mandarin Oranges, Milk L: Macaroni and Cheese, Green Peas, Fresh Apple Slices, Milk Dairy Alt. – Ham Sandwich S: Granola, Fruit Yogurt	B: Cinnamon Raisin Bread, Applesauce, Milk L: Spaghetti and Meatballs, Squash, Sliced Peaches, Milk Meat Alt- Spaghetti, Marinara Sauce w/ cheese cubes S: Wheat Thins, Pineapple tidbits
12	13	14	15	16
B: Blueberry Pancake, Pineapple Tidbits, Milk L: Latin Black Beans, White Rice, Roasted Zucchini, Applesauce, Milk S: Sun Chips, Diced Pears	B: Scrambled Eggs, Sliced Peaches, Milk L: Crispy Chicken Tenders, Green Beans, Wild Rice Medley, Fruit Cocktail, Milk Meat Alt. Yogurt S: Colby Jack Cheese, Whole Wheat Crackers	B: Biscuits, Sliced Apples, Milk L: Vegetable Chili w/Kidney Beans, Green Peas, Bananas, Cornbread Muffin, Milk S: Whole Grain Cheez It Crackers, Diced Peaches	B: Sausage Patties, Wheat Toast, Diced Pears, Milk L: Turkey Sandwich on Whole Wheat, Steamed Carrots, Mandarin Oranges, Milk Meat Alt Egg Sandwich S: Goldfish, Pineapple tidbits	B: Kix Cereal, Mixed Fruit, Milk L: Oven Roasted Chicken Breast, Mashed Potatoes, Fresh Apple Slices, Wheat Roll, Milk Meat Alt. – Kidney Beans S: Birthday Snack: Sugar Cookie, Bananas, Milk
19	20	21	22	23
B: Boiled Egg, Fruit Cocktail, Milk L: Pulled Pork, Mashed Sweet Potatoes, Brown Rice, Diced Pears, Milk Meat Alt. Black Beans S: Havarti Cheese Cubes, Wheat Club Crackers	B: Biscuits, Strawberries, Milk L: Chicken and Cheese Quesadilla, Corn, Banana, Milk Meat Alt. Refried Bean Quesadilla S: Goldfish, Applesauce	B: English Muffins, Bacon, Pineapple Tidbits, Milk L: Salisbury Steak, Green Beans, Fruit Cocktail, Wheat Roll, Milk Meat Alt. Colby Jack Cheese S: Wheat Thins, Mandarin Oranges	B: Blueberry Muffins, Diced Pears, Milk L: Cheese Pizza, Mixed Veggies, Fresh Apples, Milk Dairy Alt- Ham Rollup S: Cheerios Cereal, Peaches	B: Yogurt, Mixed Fruit, Milk L: Turkey Sandwich on Whole Wheat Bread, Lima Beans, Orange Wedges, Milk Meat AltEgg Sandwich S: Cinnamon Raisin Bread, Bananas
26	27	28	29	30
B: Cheese Toast, Diced Pears, Milk L: Turkey Burger on Whole Wheat, Mixed Veggies, Mandarin Oranges, Milk Meat Alt Black Bean Burger S: Granola, Fruit Yogurt	B: Oatmeal, Bananas, Milk L: Sloppy Joe w/Ground Beef on Bun, Cauliflower, Fruit Cocktail, Milk Meat AltSloppy Joe w/tofu S: Colby Jack Cheese Stick, Whole Wheat Crackers	B: Pancakes, Fresh Orange Slices , Milk L: Cheese Tortellini w/White Beans and Marinara Sauce, Green Peas, Pineapple Tidbits, Milk S: Apple & Cinnamon Bread, Milk	B: Cheese Grits, Fresh Berries, Milk L: Chicken Broccoli Alfredo, Green Beans, Diced Peaches, Milk Meat Alt. Broccoli Alfredo w/ cheese stick S: Goldfish and Raisins Applesauce	B: Kix Cereal, Pineapple tidbits, Milk L: Turkey Rollup on Wheat Tortilla, Steamed Carrots, Fresh Apple Slices/Applesauce, Milk Meat AltCheese Rollup S: Whole Grain Ritz Crackers, Mixed Fruit