

	Child meal pattern food components:	MONDAY 5/15	TUESDAY 5/16	WEDNESDAY 5/17	THURSDAY 5/18	FRIDAY 5/19
BREAKFAST	Milk	Milk	Milk	Milk	Milk	Milk
	Vegetable/Fruit/Juice	Raisins	Diced Peaches	Fruit Salad	Fresh Orange Slices	Diced Peaches
	Grains/Breads	Cheerios	Oatmeal	Cheese Grits	Toast	Waffles
	Extras:	Syrup	Pork Sausage Patty		Jelly	Syrup
LUNCH	Milk	Milk	Milk	Milk	Milk	Milk
	Meat/Meat Alternate	Turkey or Ham Sandwich ALT: Cheese Sandwich	Baked Ziti with Beef Alt: Baked Ziti with cheese	Meatballs and Gravy ALT: Vegetarian Baked Beans	Latin Black Beans and Rice	Chicken Nuggets ALT: Boiled Egg
	Vegetable or Fruit	Fresh Carrots	Yellow Squash	Mashed Potatoes	Mixed Veggies	Broccoli
	Vegetable or Fruit	Fruit Cocktail	Fresh Banana	Diced Pears	Apple Sauce	Diced Pineapple
	Grains/Breads	Whole Wheat Bread	Whole Wheat Pasta	Whole Wheat Dinner Roll	White Rice	Corn Muffins
	Extras:					
SNACK (select 2)	Milk					
	Meat/Meat Alternate			Cheese Sticks		Vanilla Yogurt
	Vegetable/Fruit/Juice	Banana	Carrots		Fresh Apples	
	Grains/Bread	Sun Chips	Oyster Crackers	Pretzel Twists	Blueberry Muffins	Cheddar Goldfish
	Extras:	Salsa				