

	<b>Child meal pattern food components:</b>	<b>MONDAY 5-15</b>	<b>TUESDAY 5-16</b>	<b>WEDNESDAY 5-17</b>	<b>THURSDAY 5-18</b>	<b>FRIDAY 5-19</b>
<b>BREAKFAST</b>	<b>Milk</b>	Milk	Milk	Milk	Milk	Milk
	<b>Vegetable/Fruit/Juice</b>	Fresh Strawberries	Fresh Banana	Diced Peaches	Fresh Orange Slices	Fresh Blueberries
	<b>Grains/Breads</b>	French Toast Sticks	Biscuit	Cheese Grits	Cereal*	Waffles
	<b>Extras:</b>	Syrup	Sausage Patty			Syrup
<b>LUNCH</b>	<b>Milk</b>	Milk	Milk	Milk	Milk	Milk
	<b>Meat/Meat Alternate</b>	Popcorn Chicken ALT: Veggie Burger	Baked Ziti with Red Sauce	Meatloaf ALT: Vegetarian Baked Beans	Latin Black Beans and Rice	Chicken Lo Mein ALT: Tofu Lo Mein
	<b>Vegetable or Fruit</b>	Steamed Broccoli	Zucchini	Mashed Potatoes	Mixed Veggies	Stir-Fry Vegetables
	<b>Vegetable or Fruit</b>	Fruit Cocktail	Honey Dew	Mandarin Oranges	Apricots	Diced Pineapple
	<b>Grains/Breads</b>	Wild Rice	Whole Wheat Pasta	Whole Wheat Dinner roll	White Rice	Whole Wheat Pasta
	<b>Extras:</b>					
<b>SNACK (select 2)</b>	<b>Milk</b>					
	<b>Meat/Meat Alternate</b>			Cheese Cubes	Fresh Apples	Vanilla Yogurt
	<b>Vegetable/Fruit/Juice</b>	Apple Sauce	Carrots			
	<b>Grains/Bread</b>	Whole Wheat Tortilla Chips	Oyster Crackers	Pretzel Twists	Assorted Muffins	Cheddar Goldfish
	<b>Extras:</b>		Ranch			