

	Child meal pattern food components:	MONDAY 4/24	TUESDAY 4/25	WEDNESDAY 4/26	THURSDAY 4/27	FRIDAY 4/28
BREAKFAST	Milk	Milk	Milk	Milk	Milk	Milk
	Vegetable/Fruit/Juice	Raisins	Applesauce	Fruit Cocktail	Fresh Pears	Fresh Mixed Berries
	Grains/Breads	Cereal *	Whole Wheat Toast	Homemade banana bread	Grits	Pancakes
	Extras:		Scrambled Eggs		Bacon	Bacon
LUNCH	Milk	Milk	Milk	Milk	Milk	Milk
	Meat/Meat Alternate	Macaroni and Cheese	Hot Dog ALT: Garbanzo Beans	Cheese Tortellini	Cheese Quesadilla w/ Chicken Alt: Cheese Quesadilla	Black Beans
	Vegetable or Fruit	Lima Beans	Green Beans	Yam Patties	Green Peas	Green Beans
	Vegetable or Fruit	Sliced Pears	Mandarin Oranges	Pineapple Slices	Diced Apples	Bananas
	Grains/Breads	Pasta	Hot Dog Buns	Garlic Toast	Whole Wheat Tortillas	Rice
	Extras:					
SNACK (select 2)	Milk					Milk
	Meat/Meat Alternate		Cheese Stick			
	Vegetable/Fruit/Juice	Honeydew		Fresh Strawberries	Sliced Peaches	Fresh Oranges
	Grains/Bread	Sun Chips	Pretzel Sticks	Goldfish	Whole Wheat Crackers	Granola
	Extras:					Birthday Snack – Ice Cream