### WEEK 2 Cycle Menu

Menu For: February 27th – March 3rd, 2017

<table>
<thead>
<tr>
<th>Child meal pattern food components:</th>
<th>MONDAY 2/27</th>
<th>TUESDAY 2/28</th>
<th>WEDNESDAY 3/1</th>
<th>THURSDAY 3/2</th>
<th>FRIDAY 3/3</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>BREAKFAST</strong></td>
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</tr>
<tr>
<td>Milk</td>
<td>Milk</td>
<td>Milk</td>
<td>Milk</td>
<td>Milk</td>
<td>Milk</td>
</tr>
<tr>
<td>Vegetable/Fruit/Juice</td>
<td>Diced Pears</td>
<td>Banana</td>
<td>Fresh Melon</td>
<td>Warm cinnamon apples</td>
<td>Mixed fruit</td>
</tr>
<tr>
<td>Grains/Breads</td>
<td>Variety Muffins</td>
<td>Oatmeal</td>
<td>Pancake</td>
<td>Cereal</td>
<td>Cheese grits</td>
</tr>
<tr>
<td>Extras</td>
<td></td>
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</tr>
<tr>
<td><strong>LUNCH</strong></td>
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<tr>
<td>Milk</td>
<td>Milk</td>
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<td>Milk</td>
</tr>
<tr>
<td>Meat/Meat Alternate</td>
<td>Sliced Forest Ham ALT: Boiled Egg</td>
<td>Cheese Hamburger ALT: Kidney Beans</td>
<td>Cheese Pizza</td>
<td>Vegetable Chili with Kidney beans</td>
<td>Left Overs</td>
</tr>
<tr>
<td>Vegetable or Fruit</td>
<td>Fresh carrots</td>
<td>Cauliflower</td>
<td>Green beans</td>
<td>Green Peas</td>
<td>Mixed veggies</td>
</tr>
<tr>
<td>Vegetable or Fruit</td>
<td>Honey dew</td>
<td>Fresh apple slices</td>
<td>Fresh oranges</td>
<td>Sliced Pineapple</td>
<td>Banana</td>
</tr>
<tr>
<td>Grains/Breads</td>
<td>Whole Wheat Rolls</td>
<td>Whole wheat bun</td>
<td>Graham Crackers</td>
<td>Corn Muffins</td>
<td>Medley Rice</td>
</tr>
<tr>
<td>Extras</td>
<td></td>
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<tr>
<td><strong>SNACK</strong> (select 2)</td>
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<tr>
<td>Milk</td>
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</tr>
<tr>
<td>Meat/Meat Alternate</td>
<td></td>
<td></td>
<td>Cheese cubes</td>
<td>Cottage Cheese</td>
<td></td>
</tr>
<tr>
<td>Vegetable/Fruit/Juice</td>
<td>Fresh Oranges</td>
<td></td>
<td>Fruit Cocktail</td>
<td>Apple</td>
<td>Diced Peaches</td>
</tr>
<tr>
<td>Grains/Bread</td>
<td>Sliced Raisin bagel</td>
<td>Breadstick</td>
<td>Homemade Whole Wheat Pita Chips</td>
<td>Homemade Chex mix (goldfish, pretzel sticks, etc)</td>
<td></td>
</tr>
<tr>
<td>Extras</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Salsa</td>
</tr>
</tbody>
</table>