**August 29-Sept.2**

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|  | **Child meal pattern food components:** | **MONDAY** **8-29** | **TUESDAY****8-30** | **WEDNESDAY****8-31** | **THURSDAY****9-1** | **FRIDAY****9-2** |
| **BREAKFAST** | **Milk** | Milk | Milk | Milk | Milk | Milk |
| **Vegetable/Fruit/Juice** | Fresh Pear Halves | Diced Apple | Diced Peaches | Fresh Melon | Mixed Fruit |
| **Grains/Breads** | Mixed Fruit Yogurt | Scrambled Eggs  | Biscuits | Sausage Patties  | Blueberry Pancake |
| **Extras:** |  |  | Jelly |  | Syrup  |
| **LUNCH** | **Milk** |  |  |  |  |  |
| **Meat/Meat Alternate** | Latin black beans and rice | Popcorn ChickenALT: Greek Yogurt | Cheese ravioli w/ Red sauce | Turkey SandwichesALT: Egg Salad Sandwiches  | Oven Roasted ChickenALT: Garbanzo Beans |
| **Vegetable or Fruit** | Zucchini  | Steamed Broccoli | Green peas | Mixed Veggies  | Broccoli  |
| **Vegetable or Fruit** | Applesauce | Fruit Cocktail  | Bananas | Fresh Apple Slices | Mandarin Oranges |
| **Grains/Breads** | White rice | Wild Rice Medley | Garlic Bread | Whole Wheat Bread | Dinner Roll |
| **Extras:** |  |  |  |  |  |
| **SNACK (select 2)** | **Milk** |  |  | Milk |  |  |
| **Meat/Meat Alternate** |  |  |  | Yogurt |  |
| **Vegetable/Fruit/Juice** | Orange Wedges | Colby Jack Cheese Stick/Cheese Cubes |  | Diced Pears | Grapes  |
| **Grains/Bread** | Chewy Granola Bars  | Saltine Crackers | Cheerios |  | Teddy Grahams |
| **Extras:** |  |  |  |  |  |