**August 29-Sept.2**

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| --- | --- | --- | --- | --- | --- | --- |
|  | **Child meal pattern food components:** | **MONDAY**  **8-29** | **TUESDAY**  **8-30** | **WEDNESDAY**  **8-31** | **THURSDAY**  **9-1** | **FRIDAY**  **9-2** |
| **BREAKFAST** | **Milk** | Milk | Milk | Milk | Milk | Milk |
| **Vegetable/Fruit/Juice** | Fresh Pear Halves | Diced Apple | Diced Peaches | Fresh Melon | Mixed Fruit |
| **Grains/Breads** | Mixed Fruit Yogurt | Scrambled Eggs | Biscuits | Sausage Patties | Blueberry Pancake |
| **Extras:** |  |  | Jelly |  | Syrup |
| **LUNCH** | **Milk** |  |  |  |  |  |
| **Meat/Meat Alternate** | Latin black beans and rice | Popcorn Chicken  ALT: Greek Yogurt | Cheese ravioli w/ Red sauce | Turkey Sandwiches  ALT: Egg Salad Sandwiches | Oven Roasted Chicken  ALT: Garbanzo Beans |
| **Vegetable or Fruit** | Zucchini | Steamed Broccoli | Green peas | Mixed Veggies | Broccoli |
| **Vegetable or Fruit** | Applesauce | Fruit Cocktail | Bananas | Fresh Apple Slices | Mandarin Oranges |
| **Grains/Breads** | White rice | Wild Rice Medley | Garlic Bread | Whole Wheat Bread | Dinner Roll |
| **Extras:** |  |  |  |  |  |
| **SNACK  (select 2)** | **Milk** |  |  | Milk |  |  |
| **Meat/Meat Alternate** |  |  |  | Yogurt |  |
| **Vegetable/Fruit/Juice** | Orange Wedges | Colby Jack Cheese Stick/Cheese Cubes |  | Diced Pears | Grapes |
| **Grains/Bread** | Chewy Granola Bars | Saltine Crackers | Cheerios |  | Teddy Grahams |
| **Extras:** |  |  |  |  |  |