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|  | **Child meal pattern food components:** | **MONDAY****8/29** | **TUESDAY****8/30** | **WEDNESDAY****8/31** | **THURSDAY****9/1** | **FRIDAY****9/2** |
| **BREAKFAST** | **Milk** | Milk | Milk | Milk | Milk | Milk |
| **Vegetable/Fruit/Juice** | Fresh Pear Halves | Fresh Apple Slices | Dried Cranberries  | Honeydew / Cantaloupe  | (Leftover) Mixed Fruit  |
| **Grains/Breads** | Mixed Fruit Yogurt | Scrambled Eggs  | Biscuits | Turkey Sausage  | Blueberry Pancake |
| **Extras:** |  |  | Jelly | Whole Wheat Toast | Syrup  |
| **LUNCH** | **Milk** |  |  |  |  |  |
| **Meat/Meat Alternate** | Latin black beans and rice | Cream ChickenALT: Yogurt | Cheese tortellini w/ Red sauce | Turkey SandwichesALT: Egg Salad Sandwiches  | Oven Roasted ChickenALT: Garbanzo Beans |
| **Vegetable or Fruit** | Carrots  | Steamed Broccoli | Green peas | Zucchini  | Squash |
| **Vegetable or Fruit** | Applesauce | Fruit Cocktail / Diced Pears  | Honeydew  | Sliced Pineapple  | Mandarin Oranges |
| **Grains/Breads** | White rice | Wild Rice Medley | Garlic toast | Whole Wheat Bread | Dinner Roll |
| **Extras:** | Vanilla Pudding  |  |  |  |  |
| **SNACK (select 2)** | **Milk** |  |  | Milk |  |  |
| **Meat/Meat Alternate** |  |  |  | Peach Yogurt  |  |
| **Vegetable/Fruit/Juice** | Orange Wedges | Colby Jack Cheese Stick | Strawberries  | Diced Pears | Grapes  |
| **Grains/Bread** | Chewy Granola Bars  | Saltine Crackers | Cheerios |  | Teddy Grahams |
| **Extras:** |  |  |  |  |  |