|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Child meal pattern food components:** | **MONDAY****8/1** | **TUESDAY****8/2** | **WEDNESDAY****8/3** | **THURSDAY****8/4** | **FRIDAY****8/5** |
| **BREAKFAST** | **Milk** | Milk | Milk | Milk | Milk | Milk |
| **Vegetable/Fruit/Juice** | Fresh Pear Halves | Fresh Apple Slices | Diced Peaches | Fresh Honeydew  | Mixed Fruit |
| **Grains/Breads** | Yogurt | Scrambled Eggs  | Biscuits | Turkey Patties  | Blueberry Pancake |
| **Extras:** |  |  | Jelly | Whole Wheat Toast | Syrup  |
| **LUNCH** | **Milk** |  |  |  |  |  |
| **Meat/Meat Alternate** | Latin black beans and rice | Popcorn ChickenALT: Yogurt | Cheese tortellini w/ Red sauce | Turkey SandwichesALT: Egg Salad Sandwiches  | Oven Roasted ChickenALT: Garbanzo Beans |
| **Vegetable or Fruit** | Zucchini  | Steamed Broccoli | Green peas | Fresh Cut Carrots  | Squash |
| **Vegetable or Fruit** | Applesauce (SS) | Fruit Cocktail  |  Fresh Pears | Bananas  | Mandarin Oranges |
| **Grains/Breads** | White rice | Wild Rice Medley | Garlic toast | Whole Wheat Bread | Dinner Roll |
| **Extras:** |  |  |  |  |  |
| **SNACK (select 2)** | **Milk** |  |  | Milk |  |  |
| **Meat/Meat Alternate** |  | Colby Jack Cheese Stick |  | Yogurt |  |
| **Vegetable/Fruit/Juice** | Orange Wedges |  | Fresh Honeydew  | Diced Pears | Grapes  |
| **Grains/Bread** | Chewy Granola Bars  | Saltine Crackers | Cheerios |  | Teddy Grahams |
| **Extras:** |  |  |  |  |  |