May 23-27

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|  | **Child meal pattern food components:** | **MONDAY****5-23** |  **TUESDAY****5-24** | **WEDNESDAY****5-25** | **THURSDAY****5-26** | **FRIDAY****5-27** |
| **BREAKFAST** | **Milk** | Milk | Milk | Milk | Milk | Milk |
| **Vegetable/Fruit/Juice** | Strawberries | Banana  | Waffles  | Strawberries  | Sliced Peaches  |
| **Grains/Breads** | Cereal  | Oatmeal  | Cranberries | Yogurt | French Toast Sticks |
| **Extras:** |  |  | Syrup |  | Syrup |
| **LUNCH** | **Milk** | Milk | Milk | Milk | Milk | Milk |
| **Meat/Meat Alternate** | Egg and Cheese Bake | Baked BBQ ChickenALT: Vegetarian Baked Beans | Egg & Vegetable fried riceALT: Vegetable Fried rice with garbanzo beans | Roasted Turkey Alt: Boiled Egg | Spaghetti and MeatballsALT: Spaghetti with Vegetarian sauce |
| **Vegetable or Fruit** | Cubed baked potatoes | Broccoli  | Mixed Veggies | Mashed Potatoes  | Green Beans  |
| **Vegetable or Fruit** | Mixed Fruit | Honey Dew  | Diced Pineapple | Sliced Peaches  | Fresh Apples |
| **Grains/Breads** | Raisin Bread  | Wheat Roll | Rice | Whole Wheat Roll | Pasta  |
| **Extras:** |  |  |  | Gravy |  |
| **SNACK (select 2)** | **Milk** |  |  |  |  |  |
| **Meat/Meat Alternate** |  | Cheese Cubes |  |  |  |
| **Vegetable/Fruit/Juice** | Blueberries |  | Banana  | Raisins | Carrot Sticks |
| **Grains/Bread** | Graham Crackers | Club Crackers  | Goldfish  | Vanilla Wafers  | Soft Pretzel |
| **Extras:** |  |  |  |  |  |

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