May 23-27

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|  | **Child meal pattern food components:** | **MONDAY**  **5-23** | **TUESDAY**  **5-24** | **WEDNESDAY**  **5-25** | **THURSDAY**  **5-26** | **FRIDAY**  **5-27** |
| **BREAKFAST** | **Milk** | Milk | Milk | Milk | Milk | Milk |
| **Vegetable/Fruit/Juice** | Strawberries | Banana | Waffles | Strawberries | Sliced Peaches |
| **Grains/Breads** | Cereal | Oatmeal | Cranberries | Yogurt | French Toast Sticks |
| **Extras:** |  |  | Syrup |  | Syrup |
| **LUNCH** | **Milk** | Milk | Milk | Milk | Milk | Milk |
| **Meat/Meat Alternate** | Egg and Cheese Bake | Baked BBQ Chicken  ALT: Vegetarian Baked Beans | Egg & Vegetable fried rice  ALT: Vegetable Fried rice with garbanzo beans | Roasted Turkey  Alt: Boiled Egg | Spaghetti and Meatballs  ALT: Spaghetti with Vegetarian sauce |
| **Vegetable or Fruit** | Cubed baked potatoes | Broccoli | Mixed Veggies | Mashed Potatoes | Green Beans |
| **Vegetable or Fruit** | Mixed Fruit | Honey Dew | Diced Pineapple | Sliced Peaches | Fresh Apples |
| **Grains/Breads** | Raisin Bread | Wheat Roll | Rice | Whole Wheat Roll | Pasta |
| **Extras:** |  |  |  | Gravy |  |
| **SNACK  (select 2)** | **Milk** |  |  |  |  |  |
| **Meat/Meat Alternate** |  | Cheese Cubes |  |  |  |
| **Vegetable/Fruit/Juice** | Blueberries |  | Banana | Raisins | Carrot Sticks |
| **Grains/Bread** | Graham Crackers | Club Crackers | Goldfish | Vanilla Wafers | Soft Pretzel |
| **Extras:** |  |  |  |  |  |

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