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| --- | --- | --- | --- | --- | --- | --- |
|  | **Child meal pattern food components:** | **MONDAY**  **5/23** | **TUESDAY**  **5/24** | **WEDNESDAY**  **5/25** | **THURSDAY**  **5/26** | **FRIDAY**  **5/27** |
| **BREAKFAST** | **Milk** | Milk | Milk | Milk | Milk | Milk |
| **Vegetable/Fruit/Juice** | Diced Peaches | Fruit Cocktail | Fresh Pineapple | Fresh Strawberries | Fresh Apples |
| **Grains/Breads** | Cheese Grits | Biscuits | Apple Muffins | Pancakes | Toast |
| **Extras:** | Turkey Links |  |  | Syrup | Jelly |
| **LUNCH** | **Milk** | Milk | Milk | Milk | Milk | Milk |
| **Meat/Meat Alternate** | Grilled Cheese Sandwich | Ham and Cheese Rolls  Alt: Cheese Rolls | Baked Spaghetti with Meatballs  Alt: Cheese Spaghetti | Black Bean Burgers | Chicken Nuggets  Alt: Black Beans |
| **Vegetable or Fruit** | Mixed Vegetables | Sweet Potatoes | Carrots | French Fries | Corn |
| **Vegetable or Fruit** | Fresh Oranges | Fresh Pineapple | Fresh Strawberries | Fresh Peas | Fresh Oranges |
| **Grains/Breads** | Whole Wheat Bread | Whole Wheat Rolls | Saltine Crackers | Whole Wheat Buns | Whole Wheat Tortilla |
| **Extras:** |  |  |  |  |  |
| **SNACK  (select 2)** | **Milk** |  |  |  |  |  |
| **Meat/Meat Alternate** |  | Sun Butter |  | Mozzarella Cheese Sticks |  |
| **Vegetable/Fruit/Juice** | Dried Cranberries |  | Fresh Blue Berries |  | Raisins |
| **Grains/Bread** | Animal Crackers | Grahams Crackers | Rice Cakes | Teddy Grahams | Mini Pretzels |
| **Extras:** |  |  |  |  |  |