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| --- | --- | --- | --- | --- | --- | --- |
|  | **Child meal pattern food components:** | **MONDAY****5/23** | **TUESDAY****5/24** | **WEDNESDAY****5/25** | **THURSDAY****5/26** | **FRIDAY****5/27** |
| **BREAKFAST** | **Milk** | Milk | Milk | Milk | Milk | Milk |
| **Vegetable/Fruit/Juice** | Diced Peaches  | Fruit Cocktail | Fresh Pineapple | Fresh Strawberries  | Fresh Apples  |
| **Grains/Breads** | Cheese Grits  | Biscuits  | Apple Muffins  | Pancakes  | Toast  |
| **Extras:** | Turkey Links  |   |  | Syrup | Jelly  |
| **LUNCH** | **Milk** | Milk | Milk | Milk | Milk  | Milk  |
| **Meat/Meat Alternate** | Grilled Cheese Sandwich  | Ham and Cheese RollsAlt: Cheese Rolls  | Baked Spaghetti with Meatballs Alt: Cheese Spaghetti  | Black Bean Burgers  | Chicken Nuggets Alt: Black Beans  |
| **Vegetable or Fruit** | Mixed Vegetables  | Sweet Potatoes  | Carrots  | French Fries  | Corn  |
| **Vegetable or Fruit** | Fresh Oranges  | Fresh Pineapple  | Fresh Strawberries  | Fresh Peas  | Fresh Oranges  |
| **Grains/Breads** | Whole Wheat Bread  | Whole Wheat Rolls  | Saltine Crackers  | Whole Wheat Buns  | Whole Wheat Tortilla  |
| **Extras:** |  |  |  |  |  |
| **SNACK (select 2)** | **Milk** |  |  |  |  |  |
| **Meat/Meat Alternate** |  | Sun Butter  |  | Mozzarella Cheese Sticks  |  |
| **Vegetable/Fruit/Juice** | Dried Cranberries  |  | Fresh Blue Berries  |  | Raisins  |
| **Grains/Bread** | Animal Crackers  | Grahams Crackers  | Rice Cakes  | Teddy Grahams  | Mini Pretzels  |
| **Extras:** |  |  |  |  |  |