April 25-29

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| --- | --- | --- | --- | --- | --- | --- |
|  | **Child meal pattern food components:** | **MONDAY**  **4-25** | **TUESDAY**  **4-26** | **WEDNESDAY**  **4-27** | **THURSDAY**  **4-28** | **FRIDAY**  **4-29** |
| **BREAKFAST** | **Milk** | Milk | Milk | Milk | Milk | Milk |
| **Vegetable/Fruit/Juice** | Mixed fruit | Bananas | Waffles | Cantaloupe | Sliced Peaches |
| **Grains/Breads** | Cereal | Biscuits | Blackberries | Assorted Muffins | French Toast Sticks |
| **Extras:** |  | Jelly | Syrup |  | Syrup |
| **LUNCH** | **Milk** | Milk | Milk | Milk | Milk | Milk |
| **Meat/Meat Alternate** | Baked Ziti with cheese and marinara | Breaded Baked Chicken  ALT: Vegetarian Baked Beans | Egg & Vegetable fried rice  ALT: Vegetable fried rice with cheese stick | Baked Fish Fillet Sandwich  ALT: veggie burger | Spaghetti and Meatballs  ALT: Spaghetti with Vegetarian sauce |
| **Vegetable or Fruit** | Green Peas | Broccoli | Mixed Veggies | Corn on the cob | Green Beans |
| **Vegetable or Fruit** | Sliced Peaches | Diced Pears | Diced Pineapple | Mandarin Oranges | Fresh Apples |
| **Grains/Breads** | Pasta | Dinner Rolls | Rice | Whole Wheat Bun | Pasta |
| **Extras:** |  |  |  |  |  |
| **SNACK  (select 2)** | **Milk** |  |  |  |  |  |
| **Meat/Meat Alternate** |  | Cheese Cubes |  |  |  |
| **Vegetable/Fruit/Juice** | Grapes |  | Banana | Raisins | Carrot Sticks |
| **Grains/Bread** | Oyster Crackers | Club Crackers | Goldfish | Vanilla Wafers | Soft Pretzel |
| **Extras:** |  |  |  |  |  |