April 25-29

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Child meal pattern food components:** | **MONDAY****4-25** |  **TUESDAY****4-26** | **WEDNESDAY****4-27** | **THURSDAY****4-28** | **FRIDAY****4-29** |
| **BREAKFAST** | **Milk** | Milk | Milk | Milk | Milk | Milk |
| **Vegetable/Fruit/Juice** | Mixed fruit | Bananas | Waffles  | Cantaloupe  | Sliced Peaches  |
| **Grains/Breads** | Cereal  | Biscuits | Blackberries | Assorted Muffins | French Toast Sticks |
| **Extras:** |  | Jelly  | Syrup |  | Syrup |
| **LUNCH** | **Milk** | Milk | Milk | Milk | Milk | Milk |
| **Meat/Meat Alternate** | Baked Ziti with cheese and marinara  | Breaded Baked ChickenALT: Vegetarian Baked Beans | Egg & Vegetable fried riceALT: Vegetable fried rice with cheese stick  | Baked Fish Fillet SandwichALT: veggie burger | Spaghetti and MeatballsALT: Spaghetti with Vegetarian sauce |
| **Vegetable or Fruit** | Green Peas | Broccoli  | Mixed Veggies | Corn on the cob | Green Beans  |
| **Vegetable or Fruit** | Sliced Peaches | Diced Pears  | Diced Pineapple | Mandarin Oranges | Fresh Apples |
| **Grains/Breads** | Pasta  | Dinner Rolls | Rice | Whole Wheat Bun | Pasta  |
| **Extras:** |  |  |  |  |  |
| **SNACK (select 2)** | **Milk** |  |  |  |  |  |
| **Meat/Meat Alternate** |  | Cheese Cubes |  |  |  |
| **Vegetable/Fruit/Juice** | Grapes |  | Banana | Raisins  | Carrot Sticks |
| **Grains/Bread** | Oyster Crackers | Club Crackers  | Goldfish | Vanilla Wafers  | Soft Pretzel |
| **Extras:** |  |  |  |  |  |