|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Child meal pattern food components:** | **MONDAY**  **2/8** | **TUESDAY**  **2/9** | **WEDNESDAY**  **2/10** | **THURSDAY**  **2/11** | **FRIDAY**  **2/12** |
| **BREAKFAST** | **Milk** | Milk | Milk | Milk | Milk | Milk |
| **Vegetable/Fruit/Juice** | Diced Pears | Mandarin Oranges | Sliced Peaches | Sliced Pineapple | Sliced Apples |
| **Grains/Breads** | Blue Berry Muffins | Oatmeal | Apple / Blueberry Muffins | Grits | Raisin Bread |
| **Extras:** | Turkey Patties |  |  |  |  |
| **LUNCH** | **Milk** | Milk | Milk | Milk | Milk |  |
| **Meat/Meat Alternate** | Grilled Cheese Sandwich | Swedish Meatballs  Alt: Tofu | Quesadilla with Mozzarella Cheese | Turkey Hot Dogs  Alt: Yogurt | Popcorn Chicken Nuggets |
| **Vegetable or Fruit** | Mandarin Oranges | Sliced Peaches | Sliced Pineapple | Sliced Apples | Diced Pears |
| **Vegetable or Fruit** | Mixed Vegetable Soup | Mashed Potatoes | Broccoli | Carrots | Green Peas |
| **Grains/Breads** | Whole Wheat Bread | Macaroni | Tortilla | Hot Dog Bun | Quinoa |
| **Extras:** |  |  |  |  |  |
| **SNACK  (select 2)** | **Milk** |  |  |  |  |  |
| **Meat/Meat Alternate** | Sun Butter |  | Baby Carrots | Cheese Cubes | Sun Butter |
| **Vegetable/Fruit/Juice** |  | Fresh Oranges |  |  | Fresh Apples |
| **Grains/Bread** | Graham Crackers | Cereal (Toasted Oats or Corn Flakes) | Vanilla Wafers | Saltine Crackers |  |
| **Extras:** |  |  |  |  |  |