|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Child meal pattern food components:** | **MONDAY****2/8** | **TUESDAY****2/9** | **WEDNESDAY****2/10** | **THURSDAY****2/11** | **FRIDAY****2/12** |
| **BREAKFAST** | **Milk** | Milk | Milk | Milk | Milk | Milk |
| **Vegetable/Fruit/Juice** | Diced Pears  | Mandarin Oranges  | Sliced Peaches  | Sliced Pineapple  | Sliced Apples  |
| **Grains/Breads** | Blue Berry Muffins  | Oatmeal  | Apple / Blueberry Muffins  | Grits  | Raisin Bread |
| **Extras:** | Turkey Patties  |  |  |  |  |
| **LUNCH** | **Milk** | Milk | Milk | Milk | Milk |  |
| **Meat/Meat Alternate** | Grilled Cheese Sandwich  | Swedish Meatballs Alt: Tofu | Quesadilla with Mozzarella Cheese | Turkey Hot Dogs Alt: Yogurt  |  Popcorn Chicken Nuggets  |
| **Vegetable or Fruit** | Mandarin Oranges | Sliced Peaches  | Sliced Pineapple  | Sliced Apples  | Diced Pears  |
| **Vegetable or Fruit** | Mixed Vegetable Soup |  Mashed Potatoes  | Broccoli  | Carrots  | Green Peas  |
| **Grains/Breads** | Whole Wheat Bread  | Macaroni  | Tortilla  | Hot Dog Bun  | Quinoa |
| **Extras:** |  |  |  |  |  |
| **SNACK (select 2)** | **Milk** |  |  |  |  |  |
| **Meat/Meat Alternate** | Sun Butter  |  | Baby Carrots  | Cheese Cubes  | Sun Butter |
| **Vegetable/Fruit/Juice** |  | Fresh Oranges  |  |  | Fresh Apples  |
| **Grains/Bread** | Graham Crackers  | Cereal (Toasted Oats or Corn Flakes) | Vanilla Wafers  | Saltine Crackers  |  |
| **Extras:** |  |  |  |  |  |