|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Child meal pattern food components:** | **MONDAY****11/23** | **TUESDAY****11/24** | **WEDNESDAY****11/25** | **THURSDAY****11/26** | **FRIDAY****11/27** |
| **BREAKFAST** | **Milk** |  Milk | Milk | Milk |  |  |
| **Vegetable/Fruit/Juice** | Diced Peaches  | Diced Pears | Diced Apples |  |  |
| **Grains/Breads** | Cereal (Toasted Oats or Corn Flakes) | Pancakes  | Blueberry Muffins  |  |  |
| **Extras:** |  | Syrup | Syrup  |  |  |
| **LUNCH** | **Milk** | Milk | Milk | Milk |  |  |
| **Meat/Meat Alternate** | Grilled Cheese Sandwiches  | Chicken Drumsticks Alt: Mozzarella Cheese Stick  | Mozzarella Cheese Quesadillas  | **Closed** | **Closed** |
| **Vegetable or Fruit** | Mixed Vegetables  | Carrots  | Green Peas  |  |  |
| **Vegetable or Fruit** | Diced Pears  | Diced Apples |  Diced Peaches |  |  |
| **Grains/Breads** | Whole Wheat Bread  | Club crackers  | Graham Crackers  |  |  |
| **Extras:** |  |  |  |  |  |
| **SNACK (select 2)** | **Milk** |  |  |  |  |  |
| **Meat/Meat Alternate** |  | Mozzarella Cheese Stick  |  |  |  |
| **Vegetable/Fruit/Juice** | Apple Juice |  | Grape Juice  |  |  |
| **Grains/Bread** | Teddy Grahams  | Goldfish Crackers  | Oyster Crackers  |  |  |
| **Extras:** |  |  |  |  |  |