|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Child meal pattern food components:** | **MONDAY**  **11/23** | **TUESDAY**  **11/24** | **WEDNESDAY**  **11/25** | **THURSDAY**  **11/26** | **FRIDAY**  **11/27** |
| **BREAKFAST** | **Milk** | Milk | Milk | Milk |  |  |
| **Vegetable/Fruit/Juice** | Diced Peaches | Diced Pears | Diced Apples |  |  |
| **Grains/Breads** | Cereal (Toasted Oats or Corn Flakes) | Pancakes | Blueberry Muffins |  |  |
| **Extras:** |  | Syrup | Syrup |  |  |
| **LUNCH** | **Milk** | Milk | Milk | Milk |  |  |
| **Meat/Meat Alternate** | Grilled Cheese Sandwiches | Chicken Drumsticks  Alt: Mozzarella Cheese Stick | Mozzarella Cheese Quesadillas | **Closed** | **Closed** |
| **Vegetable or Fruit** | Mixed Vegetables | Carrots | Green Peas |  |  |
| **Vegetable or Fruit** | Diced Pears | Diced Apples | Diced Peaches |  |  |
| **Grains/Breads** | Whole Wheat Bread | Club crackers | Graham Crackers |  |  |
| **Extras:** |  |  |  |  |  |
| **SNACK  (select 2)** | **Milk** |  |  |  |  |  |
| **Meat/Meat Alternate** |  | Mozzarella Cheese Stick |  |  |  |
| **Vegetable/Fruit/Juice** | Apple Juice |  | Grape Juice |  |  |
| **Grains/Bread** | Teddy Grahams | Goldfish Crackers | Oyster Crackers |  |  |
| **Extras:** |  |  |  |  |  |