

October 2015 Newell Drive Menu

			1	2
			B: Banana Muffin, Pineapple, Milk <b>L: Hamburger w/Bun, Roasted Herb Potatoes, Bananas, Milk</b> <b>Meat Alt- Black Bean Burger</b> S: Cheese Cubes, Club Crackers	B: Cold Cereal, Apple Juice, Milk <b>L: Three Cheese Pizza, Broccoli, Diced Pears, Club Crackers Milk</b> <b>Dairy Alt- Ham Sandwich</b> S: Graham Crackers, Applesauce
5	6	7	8	9
B: Cold Cereal, Orange Juice, Milk <b>L: Fish Nuggets, Green Peas, Grits, Peaches, Milk</b> <b>Meat Alt- Hard Boiled Egg</b> S: Fig Newton, Tropical Fruit	B: Cinnamon French Toast, Diced Pears, Milk <b>L: Pulled Pork, Maple Mashed Sweet Potatoes, Applesauce, Dinner Roll, Milk</b> <b>Meat Alt- Yogurt</b> S: Cheese Cubes, Pineapple Tidbits	B: Cheese Grits, Bananas, Milk <b>L: Rotisserie Turkey, Tomato Summer Squash, Brown Rice, Mandarin Oranges, Milk</b> <b>Meat Alt- Cheese Cubes</b> S: Granola Bars, Apple Juice	B: Scrambled Eggs & Bacon, Mini Bagel, Orange Juice, Milk <b>L: Corn (Turkey) Dog, French Green Beans, Banana, Milk</b> <b>Meat Alt- Black Bean Burger</b> S: Animal Crackers, Peaches	B: Multi Grain Waffle w/syrup, Apple Juice, Milk <b>L: Baked Ziti w/Kidney Beans, California Veggie Blend, Apple Slices, Milk</b> <b>Dairy Alt- Turkey Sandwich on Wheat</b> S: Graham Crackers, Mandarin Oranges
12	13	14	15	16
B: Cold Cereal, Orange Juice, Milk <b>L: Latin Black Beans, White Rice, Roasted Squash, Mandarin Oranges, Milk</b> S: Chex Mix, Peaches	B: Biscuits, Tropical Fruit, Milk <b>L: Crispy Chicken Tenders, Broccoli, Wild Rice Medley, Diced Pears, Milk</b> <b>Meat Alt- Veggie Riblet</b> S: Vanilla Wafers, Apple Slices	B: Oatmeal, Bananas, Milk <b>L: Roasted Turkey Breast w/ Gravy, Maple Caramelized Carrots, Whole Wheat Penne Pasta, Crushed Pineapple, Milk</b> <b>Meat Alt- Yogurt</b> S: Club Crackers, Mozzarella String Cheese	B: Scrambled Egg and Bacon, Bagel, Mandarin Oranges, Milk <b>L: Meatloaf w/ Marinara, Italian Green Beans, Mac and Cheese, Applesauce, Milk</b> <b>Meat Alt- Meatless Meatloaf</b> <b>Dairy Alt- Dinner Roll</b> S: Teddy Grahams, Tropical Fruit	B: Cold Cereal, Apple Juice, Milk <b>L: Fried Catfish, Roasted Root Vegetables, Cheese Grits, Bananas, Milk</b> <b>Meat Alt- Latin Black Beans</b> <b>Dairy Alt- Dinner Roll</b> <b>Birthday Snack: Yogurt, Banana &amp; Sugar Cookie</b>
19	20	21	22	23
B: Cold Cereal, Orange Juice, Milk <b>L: Spaghetti and Meatballs, Steamed Carrots, Applesauce, Milk</b> <b>Meat Alt- Black Bean Burgers</b> S: Oyster Crackers, Peaches	B: Cinnamon Raisin Bread, Bananas, Milk <b>L: Oven Roasted Chicken Breast, Mashed Potatoes, Dinner Roll, Pineapple, Milk</b> <b>Meat Alt- Veggie Riblet</b> S: Goldfish, Pears	B: Blueberry Pancakes, Mandarin Oranges , Milk <b>L: Grilled Cheese Sandwich (Whole Wheat Bread), Yogurt, Snap Peas, Apples, Milk</b> <b>Dairy Alt- Turkey Sandwich</b> S: Vanilla Wafers, Peaches	B: Banana Muffin, Pineapple, Milk <b>L: Hamburger w/Bun, Roasted Herb Potatoes, Bananas, Milk</b> <b>Meat Alt- Black Bean Burger</b> S: Cheese Cubes, Club Crackers	B: Cold Cereal, Apple Juice, Milk <b>L: Three Cheese Pizza, Broccoli, Diced Pears, Club Crackers Milk</b> <b>Dairy Alt- Ham Sandwich</b> S: Graham Crackers, Applesauce
26	27	28	29	30
B: Cold Cereal, Orange Juice, Milk <b>L: Fish Nuggets, Green Peas, Grits, Peaches, Milk</b> <b>Meat Alt- Hard Boiled Egg</b> S: Fig Newton, Tropical Fruit	B: Cinnamon French Toast, Diced Pears, Milk <b>L: Pulled Pork, Maple Mashed Sweet Potatoes, Applesauce, Dinner Roll, Milk</b> <b>Meat Alt- Yogurt</b> S: Cheese Cubes, Pineapple Tidbits	B: Cheese Grits, Bananas, Milk <b>L: Rotisserie Turkey, Tomato Summer Squash, Brown Rice, Mandarin Oranges, Milk</b> <b>Meat Alt- Cheese Cubes</b> S: Granola Bars, Apple Juice	B: Scrambled Eggs & Bacon, Mini Bagel, Orange Juice, Milk <b>L: Corn (Turkey) Dog, French Green Beans, Banana, Milk</b> <b>Meat Alt- Black Bean Burger</b> S: Animal Crackers, Peaches	B: Multi Grain Waffle w/syrup, Apple Juice, Milk <b>L: Baked Ziti w/Kidney Beans, California Veggie Blend, Apple Slices, Milk</b> <b>Dairy Alt- Turkey Sandwich on Wheat</b> S: Graham Crackers, Mandarin Oranges