

	<b>Child meal pattern food components:</b>	<b>MEATLESS MONDAY 10-5</b>	<b>TRADITIONAL TUESDAY 10-6</b>	<b>MULTICULTURAL WEDNESDAY 10-7</b>	<b>THROWBACK THURSDAY 10-8</b>	<b>FABULOUS FRIDAY 10-9</b>
<b>BREAKFAST</b>	<b>Milk</b>	Milk	Milk	Milk	Milk	Milk
	<b>Vegetable/Fruit/Juice</b>	Banana	Peaches	Applesauce	Mandarin Oranges	Pineapple Tidbits
	<b>Grains/Breads</b>	*Cereal	French Toast Sticks	Texas Toast	Muffins	Bagel
	<b>Extras:</b>			Bacon		Cream Cheese
<b>LUNCH</b>	<b>Milk</b>	Milk	Milk	Milk	Milk	Milk
	<b>Meat/Meat Alternate</b>	Egg N Cheese Scramble	Spaghetti & Meatballs Alt: Pasta and Sauce	Teriyaki Chicken Alt: Scrambled Eggs	Turkey Hot Dogs Alt: Veggie Burger	Scalloped Potatoes and Ham Alt: Kidney Beans
	<b>Vegetable or Fruit</b>	Home baked potato cubes	Green Beans	Broccoli	Baked Beans	Peas
	<b>Vegetable or Fruit</b>	Honeydew	Sliced Pears	Pineapple Chunks	Watermelon	Cantaloupe
	<b>Grains/Breads</b>	Toast	Pasta	Lo Mein	Whole Wheat Bread	Breadstick
	<b>Extras:</b>					
<b>SNACK (select 2)</b>	<b>Milk</b>					
	<b>Meat/Meat Alternate</b>	Yogurt			Cheese Cubes	
	<b>Vegetable/Fruit/Juice</b>		Apricots	Pickle Slices		Applesauce
	<b>Grains/Bread</b>	Graham Crackers	Cheerios	Oyster Crackers	Club Crackers	Raisin Bread
	<b>Extras:</b>					

\*Rice Krisp, Toasted Oats