**August 31-September 4**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Child meal pattern food components:** | **MONDAY****8-31** | **TUESDAY****9-1** | **WEDNESDAY****9-2** | **THURSDAY****9-3** | **FRIDAY****9-4** |
| **BREAKFAST** | **Milk** | Milk | Milk | Milk | Milk | Milk |
| **Vegetable/Fruit/Juice** | Bananas | Pears | Applesauce | Cinnamon apples | Mixed Fruit |
| **Grains/Breads** | Rice Crisps Cereal | Cheese grits | Assorted Breakfast muffins | Waffles  | English muffin w/cheese  |
| **Extras:** |  | Bacon Strip |  |  |  |
| **LUNCH** | **Milk** | Milk | Milk | Milk | Milk | Milk |
| **Meat/Meat Alternate** | Mini Chicken Corn DogsAlt: Yogurt | Sloppy joesAlt: Cheese joe | Cheese quesadilla | Teriyaki chickenALT: Boiled Egg | HamALT: Black Beans |
| **Vegetable or Fruit** | Broccoli | Mashed potatoes | Corn | Stir-fry carrots and peas | Green bean casserole |
| **Vegetable or Fruit** | Diced Pears | Mandarin Oranges | Pears | Pineapple Chunks | Peaches |
| **Grains/Breads** | Raisin bread | Bun | Yellow rice | White rice | Cornbread stuffing |
| **Extras:** |  |  |  |  |  |
| **SNACK (select 2)** | **Milk** |  |  |  |  |  |
| **Meat/Meat Alternate** |  | Yogurt |  |  |  |
| **Vegetable/Fruit/Juice** | Carrots |  | Apple Slices | Applesauce | Orange slices |
| **Grains/Bread** | Club crackers | Animal crackers | Toasted Oats Cereal | Chex Mix | Vanilla Wafer |
| **Extras:** | Ranch dressing |  |  |  | Birthday Snack-Vanilla Ice Cream  |