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| --- | --- | --- | --- | --- | --- | --- |
|  | **Child meal pattern food components:** | **MONDAY****6/29** | **TUESDAY****6/30** | **WEDNESDAY****7/1** | **THURSDAY****7/2** | **FRIDAY****7/3** |
| **BREAKFAST** | **Milk** |  Milk | Milk | Milk | Milk |  |
| **Vegetable/Fruit/Juice** | Mixed Fruit (ss) | Pineapple Tidbits (ss) | Diced Peaches (ss) | Mandarin Oranges (ss) |  |
| **Grains/Breads** | Cereal (Toasted Oats or Corn Flakes) | Apple Muffins  | Pancakes | Whole wheat bagels |  |
| **Extras:** | Raisins |  | Syrup |  |  |
| **LUNCH** | **Milk** | Milk | Milk | Milk | Milk |  |
| **Meat/Meat Alternate** | Baked Spaghetti with Cheese  |  Macaroni and Cheese Alt: Boiled Egg | Chicken Nuggets Alt: Kidney Beans  | Mini Corn DogsAlt: Mozzarella Cheese Stick  | BG CLOSED  |
| **Vegetable or Fruit** | Sliced Carrots  | Corn Kernels | Green Beans | French Fries |  |
| **Vegetable or Fruit** | Fruit Cocktail  | Watermelon  | Applesauce | Diced Peaches  |  |
| **Grains/Breads** | Whole Wheat Rolls  | Graham Crackers  | Saltine Crackers  | Club Crackers  |  |
| **Extras:** |  |  |  |  |  |
| **SNACK (select 2)** | **Milk** |  |  |  |  |  |
| **Meat/Meat Alternate** |  | Mozzarella Cheese Sticks  | Hummus |  |  |
| **Vegetable/Fruit/Juice** | Diced Peaches (ss) | Diced Pears (ss) |  | Applesauce (ss) |  |
| **Grains/Bread** | Animal Crackers  |  | Pita Bread | Graham Crackers |  |
| **Extras:** |  |  |  |  |  |