**June 2015**

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| --- | --- | --- | --- | --- | --- | --- |
|  | **Child meal pattern food components:** | **MONDAY**  **6-8** | **TUESDAY**  **6-9** | **WEDNESDAY**  **6-10** | **THURSDAY**  **6-11** | **FRIDAY**  **6-12** |
| **BREAKFAST** | **Milk** | Milk | Milk | Milk | Milk | Milk |
| **Vegetable/Fruit/Juice** | Baked Apples | Peaches | Pears | Bananas | Cheese Grits |
| **Grains/Breads** | Cereal | French toast sticks | Cheese toast | Yogurt parfait w/ granola |  |
| **Extras:** |  |  |  |  | Bacon |
| **LUNCH** | **Milk** | Milk | Milk | Milk | Milk | Milk |
| **Meat/Meat Alternate** | BBQ Diced Chicken Slider  Alt: Cheese stick | Ham Slices | Cheeseburgers  Alt: Grilled Cheese | Black bean and cheese burrito | Scrambled eggs w/ cheese |
| **Vegetable or Fruit** | Roasted garlic broccoli | Green beans | Tater tots | Corn | Potato Cubes |
| **Vegetable or Fruit** | Fresh Strawberries | Crushed Pineapple | Peaches | Mandarin oranges | Honeydew melon |
| **Grains/Breads** | Bun | Stuffing | Bun | Tortilla | Biscuits |
| **Extras:** |  |  |  | Salsa |  |
| **SNACK  (select 2)** | **Milk** |  |  |  |  |  |
| **Meat/Meat Alternate** |  |  | Cheese cubes |  |  |
| **Vegetable/Fruit/Juice** |  | Applesauce |  | Pear slices | Diced peaches |
| **Grains/Bread** | Raisin bread | Vanilla Wafers | Crackers | Goldfish | Animal Cookies |
| **Extras:** | Vanilla pudding |  |  |  |  |