**June 2015**

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|  | **Child meal pattern food components:** | **MONDAY****6-22** | **TUESDAY****6-23** | **WEDNESDAY****6-24** | **THURSDAY****6-25** | **FRIDAY****6-26** |
| **BREAKFAST** | **Milk** | Milk | Milk | Milk | Milk | Milk |
| **Vegetable/Fruit/Juice** | Mandarin oranges |  | Apples | Banana | Mixed fruit |
| **Grains/Breads** | Cheerios | Toast w/ scrambled eggs | Biscuit | Cereal  | Breakfast muffin |
| **Extras:** |  |  |  |  |  |
| **LUNCH** | **Milk** | Milk | Milk | Milk | Milk | Milk |
| **Meat/Meat Alternate** | Salisbury SteakAlt: Hardboiled egg | Chicken Parmigiana and PastaALT: Pasta and Cheese Bake  | Grilled cheese sandwich | Baked Fish SticksAlt: Garbanzo beans | Chicken Noodle Soup |
| **Vegetable or Fruit** | Oven-baked potato wedges | Sliced green beans | Cauliflower  | Lima beans | Lima beans |
| **Vegetable or Fruit** | Honeydew melon | Kiwi | Pears | Diced peaches | Mandarin oranges |
| **Grains/Breads** | Pretzel roll | Pasta | Whole wheat bread | Grits | Baguette |
| **Extras:** |  |  |  |  |  |
| **SNACK (select 2)** | **Milk** |  |  |  |  |  |
| **Meat/Meat Alternate** | Colby Jack Cheese Sticks |  |  |  | Yogurt |
| **Vegetable/Fruit/Juice** |  | Pears (ss) | Mixed Fruit | Orange slices |  |
| **Grains/Bread** | Saltine crackers | Cheddar Goldfish  | Graham crackers | Soft Pretzels | Vanilla wafers |
| **Extras:** |  |  |  |  |  |