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|  | **Child meal pattern food components:** | **MONDAY****5/18** | **TUESDAY****5/19** | **WEDNESDAY****5/20** | **THURSDAY****5/21** | **FRIDAY****5/22** |
| **BREAKFAST** | **Milk** | Milk | Milk | Milk | Milk | Milk |
| **Vegetable/Fruit/Juice** | Diced Pears (ss) | Applesauce (ss) | Mixed Fruit (ss) | Pineapple Tidbits (ss) | Bananas |
| **Grains/Breads** | Cereal (Toasted Oats or Corn Flakes) | Oatmeal  | Cheese Grits  | Bran muffins | Cinnamon Raisin Bagels |
| **Extras:** | Raisins |  | Syrup / Turkey Sausages  |  |  |
| **LUNCH** | **Milk** | Milk | Milk | Milk | Milk | Milk |
| **Meat/Meat Alternate** | Sun Butter and Jelly Sandwiches  | Diced Chicken Alt: Boiled Egg | Chicken Nuggets Alt: Mozzarella Cheese sticks | Chili Alt: Vegetarian Chili | Pizza  |
| **Vegetable or Fruit** | Vegetable Soup  | Broccoli  | Lima Beans  | French Fries  | Corn  |
| **Vegetable or Fruit** | Fresh Apples  | Fruit Cocktail  | Crushed Pineapple  | Diced Peaches | Fresh Oranges  |
| **Grains/Breads** | Whole Wheat Bread  | Rice  | Whole wheat bread | Saltine Crackers  | Teddy Grahams  |
| **Extras:** |  |  |  |  |  |
| **SNACK (select 2)** | **Milk** |  |  |  |  |  |
| **Meat/Meat Alternate** |  | Yogurt | Mozzarella Cheese Sticks |  |  |
| **Vegetable/Fruit/Juice** | Diced Peaches (ss) |  |  | Applesauce (ss) | Mandarin Oranges (ss) |
| **Grains/Bread** | Vanilla Wafers | Raisin Bread | Goldfish Crackers | Cereal (Toasted Oats or Corn Flakes) | Rice Cakes |
| **Extras:** |  |  |  |  |  |