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| --- | --- | --- | --- | --- | --- | --- |
|  | **Child meal pattern food components:** | **MONDAY**  **5/18** | **TUESDAY**  **5/19** | **WEDNESDAY**  **5/20** | **THURSDAY**  **5/21** | **FRIDAY**  **5/22** |
| **BREAKFAST** | **Milk** | Milk | Milk | Milk | Milk | Milk |
| **Vegetable/Fruit/Juice** | Diced Pears (ss) | Applesauce (ss) | Mixed Fruit (ss) | Pineapple Tidbits (ss) | Bananas |
| **Grains/Breads** | Cereal (Toasted Oats or Corn Flakes) | Oatmeal | Cheese Grits | Bran muffins | Cinnamon Raisin Bagels |
| **Extras:** | Raisins |  | Syrup / Turkey Sausages |  |  |
| **LUNCH** | **Milk** | Milk | Milk | Milk | Milk | Milk |
| **Meat/Meat Alternate** | Sun Butter and Jelly Sandwiches | Diced Chicken  Alt: Boiled Egg | Chicken Nuggets  Alt: Mozzarella Cheese sticks | Chili  Alt: Vegetarian Chili | Pizza |
| **Vegetable or Fruit** | Vegetable Soup | Broccoli | Lima Beans | French Fries | Corn |
| **Vegetable or Fruit** | Fresh Apples | Fruit Cocktail | Crushed Pineapple | Diced Peaches | Fresh Oranges |
| **Grains/Breads** | Whole Wheat Bread | Rice | Whole wheat bread | Saltine Crackers | Teddy Grahams |
| **Extras:** |  |  |  |  |  |
| **SNACK  (select 2)** | **Milk** |  |  |  |  |  |
| **Meat/Meat Alternate** |  | Yogurt | Mozzarella Cheese Sticks |  |  |
| **Vegetable/Fruit/Juice** | Diced Peaches (ss) |  |  | Applesauce (ss) | Mandarin Oranges (ss) |
| **Grains/Bread** | Vanilla Wafers | Raisin Bread | Goldfish Crackers | Cereal (Toasted Oats or Corn Flakes) | Rice Cakes |
| **Extras:** |  |  |  |  |  |