**June 2015**

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| --- | --- | --- | --- | --- | --- | --- |
|  | **Child meal pattern food components:** | **MONDAY**  **6-1** | **TUESDAY**  **6-2** | **WEDNESDAY**  **6-3** | **THURSDAY**  **6-4** | **FRIDAY**  **6-5** |
| **BREAKFAST** | **Milk** | Milk | Milk | Milk | Milk | Milk |
| **Vegetable/Fruit/Juice** | Mixed fruit | Cinnamon apples |  | Pears | Yogurt |
| **Grains/Breads** | Cheese grits | Biscuits | Egg and cheese English muffin | Oatmeal | Apple muffins |
| **Extras:** |  |  |  |  |  |
| **LUNCH** | **Milk** | Milk | Milk | Milk | Milk | Milk |
| **Meat/Meat Alternate** | Turkey and Cheese Sandwich  Alt: Cheese Sandwich | Mini taco bowls  Alt: Kidney bean taco bowl | Creamy mac and cheese | Chicken ,Broccoli and Rice Casserole  ALT: Broccoli, Rice and Cheese Casserole | Pigs in a blanket  Alt: Cheese in a blanket |
| **Vegetable or Fruit** | Chick pea and vegetable salad | Green beans | Mixed veggies | Green Salad | Baked beans |
| **Vegetable or Fruit** | Peaches | Honeydew melon | Pineapple tidbits | Cantaloupe | Sliced apples |
| **Grains/Breads** | Wheat bread | Flour tortilla | Club crackers |  | Blanket |
| **Extras:** |  |  |  | Ranch |  |
| **SNACK  (select 2)** | **Milk** |  |  |  |  |  |
| **Meat/Meat Alternate** |  |  |  |  |  |
| **Vegetable/Fruit/Juice** | Bananas | Plums | Applesauce | Bananas | Mixed fruit |
| **Grains/Bread** | Animal crackers | Soft pretzels | Cereal | Vanilla Wafers | Goldfish |
| **Extras:** |  |  |  |  |  |