**April 20-24**

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|  | **Child meal pattern food components:** | **MONDAY****4-20** | **TUESDAY****4-21** | **WEDNESDAY****4-22** | **THURSDAY****4-23** | **FRIDAY****4-24** |
| **BREAKFAST** | **Milk** | Milk | Milk | Milk | Milk | Milk |
| **Vegetable/Fruit/Juice** | Bananas | Apple slices |  | Tropical fruit | Cantaloupe |
| **Grains/Breads** | Apple cinnamon oatmeal | Banana pancakes | Cheese Mims-muffins | Cereal | French toast sticks |
| **Extras:** |  |  | Sausage Patties |  |  |
| **LUNCH** | **Milk** | Milk | Milk | Milk | Milk | Milk |
| **Meat/Meat Alternate** | Fish SticksALT:Yogurt | Spinach lasagna | MeatloafAlt: Black-Eyed Peas | Vegetable Noodle Soup | HotdogsAlt: Egg And Cheese Quiche |
| **Vegetable or Fruit** | Black-eyed peas  | Broccoli  | Mashed potatoes | Cucumber Slice  | Raw/Cooked Carrots |
| **Vegetable or Fruit** | Mandarin oranges | Pear Slices | Cinnamon apples | Pineapple tidbits | Watermelon |
| **Grains/Breads** | Rice | Texas Toast | Dinner roll | Cheese Bread | Hotdog Buns |
| **Extras:** |  |  |  |  |  |
| **SNACK (select 2)** | **Milk** |  |  |  |  |  |
| **Meat/Meat Alternate** |  | Cheese cubes |  |  |  |
| **Vegetable/Fruit/Juice** | Teddy Grahams |  | Pickle Slices  | Apple Sauce | Orange Slices |
| **Grains/Bread** | Mixed Fruit  | Pasta salad | Oyster crackers | Chex Mix | Birthday Snack |
| **Extras:** |  |  |  |  |  |