**April 20-24**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Child meal pattern food components:** | **MONDAY**  **4-20** | **TUESDAY**  **4-21** | **WEDNESDAY**  **4-22** | **THURSDAY**  **4-23** | **FRIDAY**  **4-24** |
| **BREAKFAST** | **Milk** | Milk | Milk | Milk | Milk | Milk |
| **Vegetable/Fruit/Juice** | Bananas | Apple slices |  | Tropical fruit | Cantaloupe |
| **Grains/Breads** | Apple cinnamon oatmeal | Banana pancakes | Cheese Mims-muffins | Cereal | French toast sticks |
| **Extras:** |  |  | Sausage Patties |  |  |
| **LUNCH** | **Milk** | Milk | Milk | Milk | Milk | Milk |
| **Meat/Meat Alternate** | Fish Sticks  ALT:Yogurt | Spinach lasagna | Meatloaf  Alt: Black-Eyed Peas | Vegetable Noodle Soup | Hotdogs  Alt: Egg And Cheese Quiche |
| **Vegetable or Fruit** | Black-eyed peas | Broccoli | Mashed potatoes | Cucumber Slice | Raw/Cooked Carrots |
| **Vegetable or Fruit** | Mandarin oranges | Pear Slices | Cinnamon apples | Pineapple tidbits | Watermelon |
| **Grains/Breads** | Rice | Texas Toast | Dinner roll | Cheese Bread | Hotdog Buns |
| **Extras:** |  |  |  |  |  |
| **SNACK  (select 2)** | **Milk** |  |  |  |  |  |
| **Meat/Meat Alternate** |  | Cheese cubes |  |  |  |
| **Vegetable/Fruit/Juice** | Teddy Grahams |  | Pickle Slices | Apple Sauce | Orange Slices |
| **Grains/Bread** | Mixed Fruit | Pasta salad | Oyster crackers | Chex Mix | Birthday Snack |
| **Extras:** |  |  |  |  |  |