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| --- | --- | --- | --- | --- | --- | --- |
|  | **Child meal pattern food components:** | **MONDAY**  **4/20** | **TUESDAY**  **4/21** | **WEDNESDAY**  **4/22** | **THURSDAY**  **4/23** | **FRIDAY**  **4/24** |
| **BREAKFAST** | **Milk** | Milk | Milk | Milk | Milk | Milk |
| **Vegetable/Fruit/Juice** | Diced Pears (ss) | Pineapple Tidbits (ss) | Diced Peaches (ss) | Mandarin Oranges (ss) | Bananas |
| **Grains/Breads** | Cereal (Toasted Oats or Corn Flakes) | Cheese toast | Pancakes | Whole wheat bagels | English Muffins |
| **Extras:** | Raisins |  | Syrup |  | Sun Butter |
| **LUNCH** | **Milk** | Milk | Milk | Milk | Milk | Milk |
| **Meat/Meat Alternate** | Meatball Subs Alt: Kidney Beans and Rice | Pizza | Scalloped Potatoes w/ Ham  Alt: Mozzarella Cheese Sticks | Beanie Weenies  Alt: Boiled Egg | Turkey Sandwiches  Alt: Yogurt |
| **Vegetable or Fruit** | Mixed Vegetables | French Fries | Green Peas | Cucumber | Sweet Potato Fries |
| **Vegetable or Fruit** | Honeydew Melon | Applesauce | Mixed Fruit | Crushed Pineapple | Diced Peaches |
| **Grains/Breads** | Club Crackers | Raisin Bread | Whole Wheat Bread | Mini Bread Sticks | Veggie Cornbread |
| **Extras:** |  |  |  |  |  |
| **SNACK  (select 2)** | **Milk** |  |  |  |  |  |
| **Meat/Meat Alternate** |  | Yogurt | Hummus |  | Mozzarella Cheese Sticks |
| **Vegetable/Fruit/Juice** | Diced Peaches (ss) | Diced Pears (ss) |  | Applesauce (ss) |  |
| **Grains/Bread** | Goldfish Crackers |  | Pita Bread | Graham Crackers | Animal Crackers |
| **Extras:** |  |  |  |  |  |