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| --- | --- | --- | --- | --- | --- | --- |
|  | **Child meal pattern food components:** | **MONDAY****4/20** | **TUESDAY****4/21** | **WEDNESDAY****4/22** | **THURSDAY****4/23** | **FRIDAY****4/24** |
| **BREAKFAST** | **Milk** |  Milk | Milk | Milk | Milk | Milk |
| **Vegetable/Fruit/Juice** | Diced Pears (ss) | Pineapple Tidbits (ss) | Diced Peaches (ss) | Mandarin Oranges (ss) | Bananas |
| **Grains/Breads** | Cereal (Toasted Oats or Corn Flakes) | Cheese toast | Pancakes | Whole wheat bagels | English Muffins |
| **Extras:** | Raisins |  | Syrup |  | Sun Butter |
| **LUNCH** | **Milk** | Milk | Milk | Milk | Milk | Milk |
| **Meat/Meat Alternate** | Meatball SubsAlt: Kidney Beans and Rice | Pizza | Scalloped Potatoes w/ HamAlt: Mozzarella Cheese Sticks | Beanie Weenies Alt: Boiled Egg | Turkey SandwichesAlt: Yogurt |
| **Vegetable or Fruit** | Mixed Vegetables  | French Fries  | Green Peas  | Cucumber  | Sweet Potato Fries  |
| **Vegetable or Fruit** | Honeydew Melon  | Applesauce  | Mixed Fruit  | Crushed Pineapple | Diced Peaches  |
| **Grains/Breads** | Club Crackers  | Raisin Bread | Whole Wheat Bread  | Mini Bread Sticks | Veggie Cornbread  |
| **Extras:** |  |  |  |  |  |
| **SNACK (select 2)** | **Milk** |  |  |  |  |  |
| **Meat/Meat Alternate** |  | Yogurt | Hummus |  | Mozzarella Cheese Sticks |
| **Vegetable/Fruit/Juice** | Diced Peaches (ss) | Diced Pears (ss) |  | Applesauce (ss) |  |
| **Grains/Bread** | Goldfish Crackers  |  | Pita Bread | Graham Crackers | Animal Crackers |
| **Extras:** |  |  |  |  |  |