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|  | **Child meal pattern food components:** | **MONDAY****4/13** | **TUESDAY****4/14** | **WEDNESDAY****4/15** | **THURSDAY****4/16****Silly lunch day** | **FRIDAY****4/17** |
| **BREAKFAST** | **Milk** | Milk | Milk | Milk | Milk | Milk |
| **Vegetable/Fruit/Juice** | Diced Pears (ss) | Applesauce (ss) | Mixed Fruit (ss) | Green Pineapple | Bananas |
| **Grains/Breads** | Cereal (Toasted Oats or Corn Flakes) | Biscuits | Waffles | Purple Pancakes | Cinnamon Raisin Bagels |
| **Extras:** | Raisins |  | Syrup /Canadian Bacon |  |  |
| **LUNCH** | **Milk** | Milk | Milk | Milk | Milk | Milk |
| **Meat/Meat Alternate** | Baked Fish SticksAlt: Garbanzo Beans | Macaroni & Cheese | BBQ Chicken Alt: Boiled Egg | Worms and Rocks (Spag and Meatballs)ALT: Worms with Bugs(Spag. w/ sauce & Cheese) | Chicken NuggetsAlt: Mozzarella Cheese sticks |
| **Vegetable or Fruit** | Black Eyed Peas  | Mixed vegetables (5-way blend) | Garbanzo Beans  | Mud (applesauce) | Lima Beans |
| **Vegetable or Fruit** | Mandarin Oranges | Crushed pineapple | Fresh apples | Grass( green beans) | Fruit Cocktail |
| **Grains/Breads** | Cornbread muffins | Club Crackers | Whole wheat bread | Pretzel Bread Sticks  | Saltine Crackers |
| **Extras:** |  |  |  |  |  |
| **SNACK (select 2)** | **Milk** |  |  |  |  |  |
| **Meat/Meat Alternate** |  | Yogurt | Mozzarella Cheese Sticks | Ants on a log ( Celery w/sun butter and raisins) |  |
| **Vegetable/Fruit/Juice** | Diced Peaches (ss) |  |  |  | Mandarin Oranges (ss) |
| **Grains/Bread** | Vanilla Wafers | Raisin Bread | Goldfish Crackers |  | Rice Cakes |
| **Extras:** |  |  |  |  |  |