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| --- | --- | --- | --- | --- | --- | --- |
|  | **Child meal pattern food components:** | **MONDAY**  **3/16** | **TUESDAY**  **3/17** | **WEDNESDAY**  **3/18** | **THURSDAY**  **3/19** | **FRIDAY**  **3/20** |
| **BREAKFAST** | **Milk** | Milk | Milk | Milk | Milk | Milk |
| **Vegetable/Fruit/Juice** | Diced Pears (ss) | Pineapple Tidbits (ss) | Diced Peaches (ss) | Mandarin Oranges (ss) | Bananas |
| **Grains/Breads** | Cereal (Toasted Oats or Corn Flakes) | Cheese toast | Pancakes | Whole wheat bagels | Oatmeal |
| **Extras:** | Raisins |  | Syrup / Canadian Bacon | Sun Butter | Sun |
| **LUNCH** | **Milk** | Milk | Milk | Milk | Milk | Milk |
| **Meat/Meat Alternate** | Spaghetti and meat balls Alt: Spaghetti with extra cheese | Scrambled Eggs with Cheese | Scalloped Potatoes w/ Ham  Alt: Mozzarella Cheese Sticks | Vegetarian Black Bean Patties | Turkey Breast  Alt: Yogurt |
| **Vegetable or Fruit** | Mixed Vegetables | Tatter Tots | Lima Beans | Corn Kernels | Mashed Potatoes |
| **Vegetable or Fruit** | Bananas | Pears | Cinnamon Apples | Watermelon | Fruit Cocktail |
| **Grains/Breads** | Pretzel Bread Stick | Raisin Bread | Mini Wheat Rolls | Hamburger Buns | Whole wheat bread |
| **Extras:** |  |  |  | Lettuce | Gravy |
| **SNACK  (select 2)** | **Milk** |  |  |  |  |  |
| **Meat/Meat Alternate** |  | Yogurt | Hummus |  | Mozzarella Cheese Sticks |
| **Vegetable/Fruit/Juice** | Diced Peaches (ss) | Diced Pears (ss) |  | Applesauce (ss) |  |
| **Grains/Bread** | Oyster Crackers |  | Pita Bread | Graham Crackers | Animal Crackers |
| **Extras:** |  |  |  |  |  |