

	Child meal pattern food components:	MONDAY 4/14	TUESDAY 4/15	WEDNESDAY 4/16	THURSDAY 4/17	FRIDAY 4/18
<b>BREAKFAST</b>	<b>Milk</b>	Milk	Milk	Milk	Milk	Milk
	<b>Vegetable/Fruit/Juice</b>	Diced Pears (ss)	Applesauce (ss)	Mixed Fruit (ss)	Pineapple Tidbits (ss)	Bananas
	<b>Grains/Breads</b>	Cereal	Biscuits	Waffles	Bran muffins	Cinnamon Raisin Bagels
	<b>Extras:</b>	Raisins		Syrup		
<b>LUNCH</b>	<b>Milk</b>	Milk	Milk	Milk	Milk	Milk
	<b>Meat/Meat Alternate</b>	Baked Fish Sticks Alt: Garbanzo Beans	Macaroni & Cheese	Chicken Parmesan & Pasta Casserole Alt: Boiled Egg	Kidney Beans	Chicken Nuggets Alt: Cheese sticks
	<b>Vegetable or Fruit</b>	Green Peas	Mixed vegetables (5- way blend)	Zucchini	Broccoli	Lima Beans
	<b>Vegetable or Fruit</b>	Mandarin Oranges	Crushed pineapple	Fresh apples	Diced Peaches	Fruit Cocktail
	<b>Grains/Breads</b>	Cornbread muffins	Club Crackers	Whole wheat bread	Rice	Saltine Crackers
	<b>Extras:</b>					
<b>SNACK (select 2)</b>	<b>Milk</b>					
	<b>Meat/Meat Alternate</b>		Yogurt	Mozzarella Cheese Sticks		
	<b>Vegetable/Fruit/Juice</b>	Diced Peaches (ss)			Applesauce (ss)	Mandarin Oranges (ss)
	<b>Grains/Bread</b>	Vanilla Wafers	Raisin Bread	Goldfish Crackers	Cereal	Rice Cakes
	<b>Extras:</b>					