

	Child meal pattern food components:	MONDAY 3/31	TUESDAY 4/1	WEDNESDAY 4/2	THURSDAY 4/3	FRIDAY 4/4
BREAKFAST	Milk	Milk	Milk	Milk	Milk	Milk
	Vegetable/Fruit/Juice	Sliced apples with cinnamon	Mandarin Oranges	Crushed Pineapple	Mixed fruit	Bananas
	Grains/Breads	English Muffins	Cereal	Pancakes	Cereal	Biscuits
	Extras:		Raisins	Syrup	Raisins	Jelly
LUNCH	Milk	Milk	Milk	Milk	Milk	Milk
	Meat/Meat Alternate	Mini Corn Dogs (turkey) Alt: Yogurt	Shepherd's Pie Alt: Boiled Egg	Creamed Chicken Alt: Kidney Beans	Baked Fish Sticks Alt: Cheese Sticks	Grilled Cheese Sandwiches
	Vegetable or Fruit	Yellow Squash	Green Beans	Broccoli	Lima Beans	Corn kernels
	Vegetable or Fruit	Diced Pears	Bananas	Applesauce	Diced Peaches	Fresh apples, sliced
	Grains/Breads	Raisin Bread	Mini Breadsticks	Yellow Rice	Grits	(whole wheat bread for sandwiches)
	Extras:					
SNACK (select 2)	Milk					
	Meat/Meat Alternate	Mozzarella Cheese Sticks	Yogurt	Hummus		Sun Butter
	Vegetable/Fruit/Juice		Diced Peaches		Diced Pears	
	Grains/Bread	Oyster Crackers		Pita Bread	Goldfish crackers	Graham Crackers
	Extras:					